

New!

**ONE
AND DONE!**

ONE BIG, BOLD DAY PACKED WITH UPDATES

Office Based Pediatrics



**EASY ONLINE
REGISTRATION
CLICK HERE!**

Kentucky Chapter

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



AUGUST 15, 2026 • E.P. "TOM" SAWYER STATE PARK, LOUISVILLE, KY



Stay Current with Office Based Pediatrics

**WHILE ENJOYING THE
BENEFITS OF AN IN PERSON
MEETING, MORE TIME TO**

*Synergize
Strategize
Socialize &
Dialogize!*

2026 Live Meeting Bonuses!

Up-to-Date Knowledge

PEDIATRIC EDUCATION & GUIDANCE

Presentation Interactivity

MAKING LEARNING MORE ENGAGING

Opportunities to Explore

THE KY AAP TASK FORCES

More Time

FOR Q AND A FOLLOWING EACH LECTURE

2026 Program Agenda (Casual dress)

August 15, 2026

**Sawyer Hayes Community Center,
E.P. "Tom" Sawyer State Park, Louisville, Ky**

8:15-8:30AM	Welcome KY AAP Chapter President, Brit Anderson MD, FAAP
8:30-9:10AM	Stepping into the New Landscape of Pediatric Asthma Mark Wurth, MD, PhD
9:10-9:50AM	Pediatric Mood Disorders: Assessment and Management Strategies for the Pediatrician Jane Kim, MD
9:50-10:20AM	Break and Exhibitor Visits
10:20-11:00AM	Common and Quirky Questions about ADHD John Gallehr, MD
11:00-11:30AM	Ask the Experts: Mood Disorders and ADHD Jane Kim, MD and John Gallehr, MD
11:30-12:00PM	KY Chapter AAP Update and Awards Brit Anderson, MD, FAAP
12:00-1:30PM	Lunch and Exhibitor Visits
1:30-2:10PM	A Guide to ENT Subspecialty Care: To Refer or Not to Refer Kristin Levin, MD
2:10-2:50PM	Building Bridges in Pediatric Practice: Gaps in the Care of the Immigrant Child Abigail Williams, MD, FAAP
2:50-3:20PM	Break and Exhibitor Visits
3:20-4:00PM	Navigating Public Health Resources for Families in Kentucky Lyndsey Neese, MD, MMM, CPE, FACOG
4:00-4:40PM	AI and Its Impact on Healthcare Alex Ding, MD, MS, MBA
4:40PM	Closing Remarks Brit Anderson, MD, FAAP

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

FACULTY AND COURSE OBJECTIVES

Stepping into the New Landscape of Pediatric Asthma

Mark Wurth, MD, PhD is board-certified in allergy, immunology, and pediatric pulmonology in Lexington

Learning Objectives

- Implement Maintenance and Reliever Therapy (MART) for appropriate patient populations
- Understand the rationale for moving away from SABA-only therapy
- Review indications for biologic therapy and how asthma phenotyping can guide therapy

Pediatric Mood Disorders: Assessment and Management Strategies for the Pediatrician

Jane Kim, MD is a child and adolescent psychiatrist in Lexington

Learning Objectives

- Explain diagnostic criteria/assessment strategies for pediatric mood disorders
- Review current recommendations for non-pharmacologic and pharmacologic treatment of pediatric mood disorders (as relevant to pediatricians)
- Examine the role of collaboration amongst interprofessional team members to improve care coordination, to earlier diagnosis, accurate treatment, and better prognosis

Common and Quirky Questions about ADHD

John Gallehr, MD is a child and adolescent psychiatrist in Louisville

Learning Objectives

- Describe ADHD medications
- Describe and evaluate ADHD treatment options for non-medical care

Kentucky Chapter, American Academy of Pediatrics Update

Brit Anderson, MD, FAAP is a pediatric emergency medicine physician in Louisville

Learning Objectives

- Summarize KY AAP activities over the past year
- Outline goals for the next year

A Guide to ENT Subspecialty Care: To Refer or Not to Refer?

Kristin Levin, MD is a pediatric otolaryngologist in Louisville

Learning Objectives

- Describe the pathophysiology of chronic otitis media with effusion,
- epistaxis, and tonsillar hypertrophy
- Describe the initial diagnosis and management of chronic otitis media with
- effusion, epistaxis, and tonsillar hypertrophy
- Determine when to consider ENT referral for further medical or surgical management based on current Clinical Practice Guidelines

Building Bridges in Pediatric Practice: Gaps in the Care of the Immigrant Child

Abigail Williams, MD, FAAP is a pediatrician in Louisville

Learning Objectives

- Evaluate the new patient presenting for care with records from previous healthcare institution and determine next steps for treatment and evaluation
- Recommend plan for immunization based on available records
- Understand language service availability to improve care delivery

Navigating Public Health Resources for Families in Kentucky

Lyndsey Neese, MD, MMM, CPE, FACOG is the Director for Maternal Child Health Division of the Kentucky Department of Public Health (OBGYN) in Frankfort

Learning Objectives

- Outline state-wide resources for pediatric physicians
- Describe accessibility for patients
- Discuss communication approaches for physicians to share information about resources

AI and its Impact on Healthcare

Alex Ding, MD, MS, MBA is a board-certified diagnostic and interventional radiologist and the enterprise deputy chief medical officer in Louisville

Learning Objectives

- Support the ability for practitioners to leverage AI for better patient care
- Recognize where there are pitfalls and shortcomings to mitigate risk

Describe patient safety implementations being developed



Knowledge and Nibbles Reception

This year, we are planning something NEW for Friday early evening!

This reception event will coincide with the KY AAP sponsored UK and UofL Resident Career Day event on Friday also to be held at the Sawyer Hayes Community Center. This gathering is a great time for residents to meet mentors in a relaxed and entertaining setting.

Join us for **“Knowledge and Nibbles”, 4:30-6:00PM**. (Note attendance preference on online meeting registration form).

CME Credit:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through a Joint Providership of the Kentucky Medical Association and the Kentucky Chapter, American Academy of Pediatrics. The Kentucky Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

The Kentucky Medical Association designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



MOC Statement:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 5.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Sawyer Hayes Community Center

ON THE GROUNDS OF E. P. TOM SAWYER STATE PARK

The Sawyer Hayes Community Center in Louisville, Kentucky offers a beautiful setting within E.P. "Tom" Sawyer State Park in Louisville Kentucky, this versatile venue boasts over 5,720 square feet of well-appointed event space. The space includes a charming wood pergola on its sprawling lawn. Inside, the community center's spacious Woodlands Room boasts wooden beams, an organic color palette, and floor-to ceiling windows that allow for great natural light and stunning views. With a modern yet rustic design and a warm and inviting ambience, the Sawyer Hayes Community Center offers beautiful and unique backdrop for your meeting event. Just 15 minutes from downtown Louisville!

Park Amenities/Activities

The Sawyer Hayes Community Center is nestled in an arboreous area of E.P. "Tom" Sawyer and integrates gorgeous views of the surrounding natural scenery. Louisville's only state park, E.P. "Tom" Sawyer, is a hub for recreational activities and a charming setting for any occasion. Located on Louisville's east end, the park features both indoor and outdoor basketball courts, an outdoor pool, picnic tables, pavilion (shelter) rentals, team-building, an archery range, pickleball, softball, geocaching, outdoor volleyball, an orienteering course, walking trails and tennis.

CLICK MAP FOR DIRECTIONS



Registration and General Information

REGISTRATION FEES

Fee includes Continental breakfast, and continuing education credit for physicians.

KY Chapter of the AAP Member

FREE—although pre-registration is REQUIRED. Lunch and Friday night reception included.

Non-member of KY Chapter

\$150 (Prior to August 1)

\$175 (After August 1)

No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

TO REGISTER VISIT

<https://tinyurl.com/3vchzkz5>



CONFIRMATION/CANCELLATION

All registrants will be sent a confirmation of registration if received prior to August 14, 2026. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

LOCATION

2201 Lakeland Road (physical address)
Louisville, KY 40241

OR

3000 Freys Hill Road (mailing address)
Louisville, KY 40241

Phone: (502) 245-2296

LODGING FOR OUT OF TOWN GUESTS

The KY AAP has reserved a block of rooms at **Hyatt Place Louisville East**.

When making reservations, please mention you are affiliated with KY AAP group.

Hyatt Place Louisville-East

701 South Hurstbourne Parkway,
Louisville, KY 40222

FOR RESERVATIONS Use this link:

<https://bit.ly/26KYPEDS>

ABOUT HYATT PLACE LOUISVILLE EAST

Enjoy this East Louisville Hotel near Kentucky Exposition Center. The Hyatt Place Louisville-East is a top hotel located in Louisville's lively East End. It is a prime location which puts you a short drive from everything the city has to offer, including shopping and dining at Oxmoor Center and Mall St. Matthews, the Kentucky Exposition Center, downtown Louisville, and Churchill Downs. The rooms feature contemporary amenities, like a spacious living area and Chromecast™ streaming for entertainment. The hotel is equipped with free Wi-Fi, a seasonal outdoor pool, fitness center, and 24/7 Gallery Market with snacks and drinks.

OTHER NEARBY POPULAR LODGING OPTIONS

Fairfield Inn

10110 Champions Farms Drive, Louisville, KY 40241
—less than 1 mile away,
502-637-1200

Embassy Suites

9940 Corporate Campus Drive, Louisville, KY 40223
—3 miles away
502-322-0022

Residence Inn by Marriott

3500 Springhurst Commons Drive, Louisville, KY 40241
—less than 1 mile away
502-318-0966

Holiday Inn Express Louisville North East

3711 Chamberlain Lane, Louisville, KY 40241
—about 2 miles away
502-814-0004

Thank you.

THE KENTUCKY CHAPTER OF THE AAP WOULD LIKE TO THANK
THE FOLLOWING EXHIBITORS FOR THEIR SUPPORT OF THIS EVENT*

Gold Exhibitors

Kentucky Children's Hospital
Kyowa Kirin
Norton Children's Hospital

Silver Exhibitors

Aetna
Rhythm Pharmaceuticals

Exhibitors

Cincinnati Children's Hospital
Equip Health
Kentucky Talking Book Library
Mead Johnson
Pharming
Shriners Childrens
Tris Pharma

*at the time of program printing