ANNOUNCING KY AAP’S 2024 MEETING!
GROUNDBREAKING GUIDANCE IN PEDIATRICS

Office Based Pediatrics

AUGUST 16-17, 2024 • E.P. "TOM" SAWYER STATE PARK, LOUISVILLE, KY
Stay Current with Office Based Pediatrics

While enjoying the benefits of in person meeting, more time to

Synergize
Strategize
Socialize &
Dialogize!
2024 Live Meeting Bonuses!

1. **Up-to-Date Knowledge**
   PEDIATRIC EDUCATION & GUIDANCE

2. **Presentation Interactivity**
   MAKING LEARNING MORE ENGAGING

3. **More Time**
   FOR Q AND A FOLLOWING EACH LECTURE

4. **Breakfast Tasting Roundtables**
   DISCOVER THE KY AAP TASK FORCES

5. **Food For Thought**
   LUNCH ROUNDTABLE DISCUSSIONS
2024 Program Agenda (Casual dress)

August 16–17, 2024
Sawyer Hayes Community Center, E.P. “Tom” Sawyer State Park, Louisville, Ky

FRIDAY, LUNCH & LEARN! (Click here for details)

FRIDAY AFTERNOON, AUGUST 16

Obesity & Child Fatality Reviews

8:15–8:45AM  Welcome, KY AAP Chapter President
Rob Tagher MD, FAAP

8:30–9:10AM  Like and Subscribe: Exploring the Impact of Social Media on the Health and Wellbeing of Adolescents
Rachel Snedecor MD, MS

9:10–9:50AM  AAP’s 2022 Policy Statement on Breastfeeding and the Use of Human Milk
Ryan Combs PhD, Emily Noonan PhD

9:50–10:20AM  Updates from the 2024 Red Book
Kris Bryant MD, FAAP

10:20–11:00AM  Neonatal Fever-New Treatment Guidelines
Pooja Utamsingh MD, FAAP

11:00–11:40AM  AAP’s 2022 Policy Statement on Breastfeeding and the Use of Human Milk
Rebecca Collins MD, FAAP

11:40–12:15PM  Chapter Update and Awards
Lunch Break

12:15–1:30PM  AAP’s 2022 Policy Statement on Breastfeeding and the Use of Human Milk
Rebecca Collins MD, FAAP

1:30–2:10PM  The AAP Periodicity Schedule: What’s NEW?
Amber Pendleton MD, FAAP

2:10–2:50PM  The AAP Periodicity Schedule: What’s NEW?
Amber Pendleton MD, FAAP

2:50–3:20PM  Break

3:20–4:00PM  Common Pediatric Surgical Problems
Cynthia Downard MD, FAAP, MMSc

4:00–4:15PM  Closing

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

SATURDAY, AUGUST 17 GENERAL SESSION

Ground Breaking Guidance in Pediatrics

8:15–9:10AM  Describe components of a Whole Child Approach to obesity treatment
Derek Weyhrauch MD

9:10–9:50AM  Discuss breast or bottle- the illusion of choice
Shelly Frank RD, LD, Derek Weyhrauch MD

9:50–10:20AM  Review the Updated Policy
Chris Bolling MD, FAAP

10:20–11:00AM  Explain the newest aap recommendations for preventive pediatric health care on the periodicity schedule
Rebecca Collins MD, FAAP

11:00–11:40AM  Identify three major challenges to provision of obesity care in a primary care setting
Chloe Pettington MD, FAAP

11:40–12:15PM  Identify challenges and opportunities regarding implementing those periodicity schedule recommendations into practice
Rebecca Collins MD, FAAP

12:15–1:30PM  Discuss common pediatric surgery diagnoses such as hernias, hydroceles, undescended testes, umbilical hernias, and epigastric hernias
Cynthia Downard MD, FAAP, MMSc

1:30–2:10PM  Outline optimal timing of referral to a surgical specialist
Cynthia Downard MD, FAAP, MMSc

2:10–2:50PM  Determine best follow up for common surgical interventions
Cynthia Downard MD, FAAP, MMSc

2:50–3:20PM  Identify major pediatric surgical conditions
Rebecca Collins MD, FAAP

3:20–4:00PM  Explain treatment options to patients with severe obesity
Chris Bolling MD, FAAP

4:00–4:15PM  List Intensive Health Behavior and Lifestyle Treatment options in Kentucky
Cynthia Downard MD, FAAP, MMSc

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FACULTY AND COURSE OBJECTIVES

Child Fatality Reviews in Kentucky
Christina Howard MD, FAAP
• Participant will be knowledgeable of Kentucky’s Child Fatality Review Process
• Review statistics to gain a clear picture of the prevalence and causes of pediatric deaths in Kentucky
• Understand the objectives of a child death review and how to participate in the local level

The AAP Obesity Treatment Guidelines: Past, Present and Future
Chris Bolling MD, FAAP
• Identify the 13 Key Action Statements of the AAP Obesity Treatment CPG
• Discuss the effect of weight bias and weight stigma on health
• Perform office-based screening for obesity co-morbidities

Weight Management Nutrition Counseling for the Pediatrician: Common Questions, Barriers, and Outside Resources
Shelly Frank RD, LD
• Discuss the dietary management of pediatric overweight and obesity
• Provide an overview of the Center for Better Health and Nutrition
• Describe nutrition resources available for use in a primary care setting

Metabolic Health and Obesity Counseling in Pediatric Clinic — Progress, Not Perfection
Derek Weyhrauch MD

Identifying Traumatic Stress and Building Resilience in LGBTQ+ Youth: New Strategies for Pediatric Healthcare Providers
Ryan Combs PhD, Emily Noonan PhD
• Describe the science of trauma and resilience as applied to LGBTQ+ youth
• Implement resilience-building strategies for LGBTQ+ youth in your clinical practice

Updates from the 2024 Red Book
Kris Bryant MD, FAAP
• Discuss updates in the 2024 Red Book, including vaccine updates
• Utilize resources in Red Book Online

Identifying Traumatic Stress and Building Resilience in LGBTO+ Youth: New Strategies for Pediatric Healthcare Providers
Ryan Combs PhD, Emily Noonan PhD
• Describe the science of trauma and resilience as applied to LGBTQ+ youth
• Implement resilience-building strategies for LGBTQ+ youth in your clinical practice

Pediatric Healthcare Providers
Derek Weyhrauch MD
• Discuss breast or bottle- the illusion of choice
• Provide tools to assist moms’ in reaching their breastfeeding goals

AAP’s 2022 Policy Statement on Breastfeeding and the Use of Human Milk
Rebecca Collins MD, FAAP
• Review the Updated Policy
• Emphasize the role of pediatric providers in supporting breastfeeding in practice
• Discuss breast or bottle- the illusion of choice
• Provide tools to assist moms’ in reaching their breastfeeding goals

The AAP Periodicity Schedule: What’s NEW?
Amber Pendleton MD, FAAP
• Explain the newest AAP recommendations for preventive pediatric health care on the periodicity schedule
• Identify challenges and opportunities regarding implementing those periodicity schedule recommendations into practice

Common Pediatric Surgical Problems
Cynthia Downard MD, FAAP, MMSc
• Discuss common pediatric surgery diagnoses such as hernias, hydroceles, undescended testes, umbilical hernias, and epigastric hernias
• Outline optimal timing of referral to a surgical specialist
• Determine best follow up for common surgical intervention

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.
The Friday Session will cover two different topics. With the Lunch and Learn session, the Child Fatality Review data and systems in Kentucky will be reviewed; a unique chance to learn about what it does and how it impacts pediatric practice. The rest of the afternoon will cover groundbreaking guidelines in managing childhood obesity. These sessions will help pediatricians understand the New AAP Obesity Guidelines and INBLT for office primary care as well as co-morbidity management of obesity in PCP office. In addition, pharmacologic treatment of overweight/obese children will also be addressed. Closing out the day will be a panel discussion with experts in the field.

CME Credit:
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Kentucky Chapter of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

• The AAP designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
• This activity is acceptable for a maximum of 8.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
• PAs may claim a maximum of 8.5 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

MOC Statement:
Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 7.0 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.
The Sawyer Hayes Community Center in Louisville, Kentucky offers a beautiful setting within E.P. “Tom” Sawyer State Park in Louisville Kentucky, this versatile venue boasts over 5,720 square feet of well-appointed event space. The space includes a charming wood pergola on its sprawling lawn. Inside, the community center’s spacious Woodlands Room boasts wooden beams, an organic color palette, and floor-to-ceiling windows that allow for great natural light and stunning views. With a modern yet rustic design and a warm and inviting ambience, the Sawyer Hayes Community Center offers beautiful and unique backdrop for your meeting event. Just 15 minutes from downtown Louisville!

**Park Amenities/Activities**
The Sawyer Hayes Community Center is nestled in an arboreous area of E.P. “Tom” Sawyer and integrates gorgeous views of the surrounding natural scenery. Louisville’s only state park, E.P. “Tom” Sawyer, is a hub for recreational activities and a charming setting for any occasion. Located on Louisville’s east end, the park features both indoor and outdoor basketball courts, an outdoor pool, picnic tables, pavilion (shelter) rentals, team-building, an archery range, pickleball, softball, geocaching, outdoor volleyball, an orienteering course, walking trails and tennis.
General Information

REGISTRATION FEES
Fee includes Continental breakfast, and
continuing education credit for physicians.
KY Chapter of the AAP Member
FREE—although pre-registration
is REQUIRED
Non-member of KY Chapter
$150 (Prior to August 1)
$175 (After August 1)
No charge for residents/students affiliated
with the UofL and UK Schools of Medicine,
Department of Pediatrics.

CONFIRMATION/CANCELLATION
All registrants will be sent a confirmation
of registration if received prior to August
14, 2024. Registration fee is refundable if
cancelled by participant prior to August 1,
minus a $10 cancellation fee. Should the
sponsors cancel this meeting, registration
fees will be reimbursed in full. However,
the KY AAP is not responsible for any other
costs incurred by the participants. Registration fees are
nonrefundable after August 10.

LOCATION
2201 Lakeland Road (physical address)
Louisville, KY 40241
OR
3000 Freys Hill Road (mailing address)
Louisville, KY 40241
Phone: (502) 245-2296

LODGING OPTIONS
The KY AAP has reserved a block of rooms
at Aloft Hotel in Louisville. When
making reservations, please mention you are
affiliated with KY AAP group.

Meeting participants may call the hotel
directly at 502-429-9901 or use the online
booking link by clicking here.
Or by email: aanderson@aloftlouisvilleeast.com

ABOUT THE ALOFT HOTEL
The Aloft Louisville East is a hip new hotel
where you’ll enjoy being close to the
Derby City’s many scenic and recreational
attractions. They have a perfect networking
with friends bar, grab a sweet, savory, or
healthy snack from refuel by Aloft(SM),
a 24/7 pantry, and a remix lounge. And,
you can always stay connected with free
hotel-wide wired and wireless High Speed
Internet Access!
Breeze into one of the Aloft rooms,
featuring their ultra-comfortable
signature bed, walk-in shower, custom
amenities by Bliss® Spa, and more. The plug
& play connectivity station charges all your
electronics and links to the 42 LCD TV to
maximize work and play. There is also a gym/
fitness area available on-site at the property
and a pool on-site at the property. Heated
Indoor pool open from 6am to 11pm.

OTHER NEARBY POPULAR
LODGING OPTIONS
Fairfield Inn
10110 Champions Farms Drive, Louisville, KY 40241
—less than 1 mile away,
502-637-1200
Embassy Suites
9940 Corporate Campus Drive, Louisville, KY 40223
—3 miles away
502-322-0022
Residence Inn by Marriott
3500 Springhurst Commons Drive, Louisville, KY 40241
—about 2 miles away
502-814-0004
Holiday Inn Express Louisville North East
3711 Chamberlain Lane, Louisville, KY 40241
—in between 1 and 2 miles away
502-814-0004

2024 Registration Form

Name _____________________________________________________________
AAPID# __________________________________________________________
Address __________________________________________________________
City ____________________________________________________ State ______ Zip ______
Email Address __________________________________________________________

Check All That Apply
☐ I plan to attend the Friday Lunch & Learn Event
☐ I will be attending the Friday Session
☐ I will be attending the Saturday General Session
☐ I will be attending both Friday and Saturday Sessions

(check one below)
☐ Physician, Current member of Kentucky Chapter, No Charge
☐ I’d like to donate the money I’m saving on CME’s to the Kentucky
Pediatric Society Foundation. Please accept my donation,
payable to: KPS Foundation
☐ Non-member of Kentucky Chapter $150 (prior to August 1),
$175 (after August 1)
☐ Current Resident/Fellow/Medical Student, No Charge
☐ By checking this box, I acknowledge the following: Participant confirms they are
(1) vaccinated for COVID-19, meaning Participant shall have completed all the
dosing requirements of a specific vaccine regimen more than two weeks prior to
Participant’s arrival, OR (2) Participant shall have received a negative COVID-19
test result not more than three (3) days prior to Participants arrival at Sawyer Hayes
Community Center.

Board certified pediatricians are eligible to receive American Board of Pediatrics
Maintenance of Certification (MOC) credit for this educational program. If you are board
certified, would you like to receive ABP-MOC credit?
☐ Yes (ABP ID Required for ABP-MOC credit.) ☐ No
☐ If yes, ABP ID: ______________________________________________

☐ I grant KY AAP/AAP permission to share my participation information and
completion data with ABP and ACCME via the Program and Activity Reporting
System (PARS) housed on ACCME’s website. I agree that selecting “YES” is the
legal and valid equivalent of my manual/handwritten or electronic signature on
this document.

Registrations must be received by AUGUST 15
Make check payable to: Kentucky Pediatric Society
MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS),
420 Capital Avenue, Frankfort, KY 40601
QUESTIONS? 502.875.2205
Thank you.

THE KENTUCKY CHAPTER OF THE AAP WOULD LIKE TO THANK THE FOLLOWING EXHIBITORS FOR THEIR SUPPORT OF THIS EVENT*

Gold Exhibitors
Abbott Nutrition
Kentucky Children’s Hospital
Norton Children’s Hospital

Silver Exhibitors
Project Firstline

Exhibitors
Kentucky DPH, EHDI
Mag Mutual Insurance
Shriners Children’s-Lexington

*at the time of program printing