

ANNOUNCING KY AAP'S 2024 MEETING!

**GROUNDBREAKING GUIDANCE  
IN PEDIATRICS**

# Office Based Pediatrics



**Kentucky Chapter**

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®



AUGUST 16-17, 2024 • E.P. "TOM" SAWYER STATE PARK, LOUISVILLE, KY





# Stay Current with Office Based Pediatrics

**WHILE ENJOYING THE  
BENEFITS OF IN PERSON  
MEETING, MORE TIME TO**

*Synergize  
Strategize  
Socialize &  
Dialogize!*

# 2024 Live Meeting Bonuses!

**1** *Up-to-Date  
Knowledge*

**PEDIATRIC EDUCATION & GUIDANCE**

**2** *Presentation  
Interactivity*

**MAKING LEARNING MORE ENGAGING**

**3** *More Time*

**FOR Q AND A FOLLOWING EACH LECTURE**

**4** *Breakfast Tasting  
Roundtables*

**DISCOVER THE KY AAP TASK FORCES**

**5** *Food For Thought*

**LUNCH ROUNDTABLE DISCUSSIONS**





# 2024 Program Agenda (Casual dress)

**August 16–17, 2024**

Sawyer Hayes Community Center,  
E.P. "Tom" Sawyer State Park, Louisville, Ky

**FRIDAY, LUNCH & LEARN!** [\(Click here for details\)](#)

## FRIDAY AFTERNOON, AUGUST 16 Obesity & Child Fatality Reviews

11:30–12:45PM	<b>Child Fatality Reviews in Kentucky</b> <i>Christina Howard MD, FAAP</i>
12:45–1:00PM	Break
1:00–1:40PM	<b>The AAP Obesity Treatment Guidelines: Past, Present and Future</b> <i>Chris Bolling MD, FAAP</i>
1:40–2:20PM	<b>Weight Management Nutrition Counseling for the Pediatrician: Common Questions, Barriers, and Outside Resources</b> <i>Shelly Frank RD, LD</i>
2:20–3:00PM	<b>Metabolic Health and Obesity Counseling in Pediatric Clinic — Progress, Not Perfection</b> <i>Derek Weyhrauch MD</i>
3:00–3:20PM	Break
3:20–4:00PM	<b>Understanding and Treating Pediatric Obesity</b> <i>Gitanjali Srivastava MD, FACP, FAAP</i>
4:00–4:40PM	<b>Putting the CPG into Practice</b> <i>Chris Bolling MD, FAAP</i>
4:40–5:10PM	<b>Meet the Experts: A Panel Discussion about Obesity Treatment</b> <i>Gitanjali Srivastava MD FACP, FAAP, Chris Bolling MD, FAAP, Shelly Frank RD, LD, Derek Weyhrauch MD</i>

## SATURDAY, AUGUST 17 GENERAL SESSION Ground Breaking Guidance in Pediatrics

8:15–8:30AM	<b>Welcome, KY AAP Chapter President</b> <i>Rob Tagher MD, FAAP</i>
8:30–9:10AM	<b>Like and Subscribe: Exploring the Impact of Social Media on the Health and Wellbeing of Adolescents</b> <i>Rachel Snedecor MD, MS</i>
9:10–9:50AM	<b>Identifying Traumatic Stress and Building Resilience in LGBTQ+ Youth: New Strategies for Pediatric Healthcare Providers</b> <i>Ryan Combs PhD, Emily Noonan, PhD</i>
9:50–10:20AM	Break
10:20–11:00AM	<b>Updates from the 2024 Red Book</b> <i>Kris Bryant MD, FAAP</i>
11:00–11:40AM	<b>Neonatal Fever-New Treatment Guidelines</b> <i>Pooja Utamsingh MD, FAAP</i>
11:40–12:15PM	<b>Chapter Update and Awards</b>
12:15–1:30PM	Lunch Break
1:30–2:10PM	<b>AAP's 2022 Policy Statement on Breastfeeding and the Use of Human Milk</b> <i>Rebecca Collins MD, FAAP</i>
2:10–2:50PM	<b>The AAP Periodicity Schedule: What's NEW?</b> <i>Amber Pendleton MD, FAAP</i>
2:50–3:20PM	Break
3:20–4:00PM	<b>Common Pediatric Surgical Problems</b> <i>Cynthia Downard MD, FAAP, MMSc</i>
4:00–4:15PM	Closing

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

## FACULTY AND COURSE OBJECTIVES

### Child Fatality Reviews in Kentucky

- Christina Howard MD, FAAP
- Participant will be knowledgeable of Kentucky's Child Fatality Review Process
- Review statistics to gain a clear picture of the prevalence and causes of pediatric deaths in Kentucky
- Understand the objectives of a child death review and how to participate in the local level

### The AAP Obesity Treatment Guidelines: Past, Present and Future

- Chris Bolling MD, FAAP
- Identify the 13 Key Action Statements of the AAP Obesity Treatment CPG
- Describe the effect of weight bias and weight stigma on health
- Perform office-based screening for obesity comorbidities

### Weight Management Nutrition Counseling for the Pediatrician: Common Questions, Barriers, and Outside Resources

- Shelly Frank RD, LD
- Discuss the dietary management of pediatric overweight and obesity
- Provide an overview of the Center for Better Health and Nutrition
- Describe nutrition resources available for use in a primary care setting

### Metabolic Health and Obesity Counseling in Pediatric Clinic – Progress, Not Perfection.

- Derek Weyhrauch MD
- Describe the incidence and prevalence of the obesity epidemic over time in the United States and Kentuckiana region
- Define principal adverse effects from obesity on metabolic health
- Identify key measures to include in family-centered counseling regarding obesity treatment and prevention
- Describe the evidence supporting the efficacy of family-centered counseling programs on pediatric obesity
- Elaborate on future areas of development for the prevention and treatment of pediatric obesity in general pediatric practice

### Understanding and Treating Pediatric Obesity

- Gitanjali Srivastava MD, FACP, FAAP
- Understand that obesity is a chronic, relapsing, inflammatory disease, like hypertension and diabetes and chronicity of care is required
- Know that "watchful waiting" is no longer standard of care, and that early, prompt initiation of treatment is necessary when a child presents with obesity
- Recognize updated pediatric clinical guidelines criteria for pharmacotherapy and bariatric surgery considerations

### Putting the CPG into Practice

- Chris Bolling MD, FAAP
- Explain treatment options to patients with severe obesity
- List Intensive Health Behavior and Lifestyle Treatment options in Kentucky
- Describe components of a Whole Child Approach to obesity treatment

### Meet the Experts: A Panel Discussion about Obesity Treatment

Chris Bolling MD FAAP, Gitanjali Srivastava MD, FACP, FAAP, Shelly Frank RD, LD, Derek Weyhrauch, MD

- Identify three major challenges to provision of obesity care in a primary care setting
- List resources for instituting intensive lifestyle behavior treatment for patients
- Institute one change in practice to implement the obesity treatment CPG

### Like and Subscribe: Exploring the Impact of Social Media on the Health and Wellbeing of Adolescents

- Rachel Snedecor MD, MS
- Identify popular social media platforms currently used by adolescents and their characteristics
- Examine the impact that the COVID-19 pandemic had on social media use and lingering effects
- Explore the roles that social media can play in health and well being (i.e., mental health, eating disorders, sleep quality, cyberbullying, etc.)
- Consider the positive impact that social media can have on the health of adolescents, community-building, and health literacy

### Identifying Traumatic Stress and Building Resilience in LGBTQ+ Youth: New Strategies for Pediatric Healthcare Providers

- Ryan Combs PhD, Emily Noonan PhD
- Describe the science of trauma and resilience as applied to LGBTQ+ youth
- Implement resilience-building strategies for LGBTQ+ youth in your clinical practice

### Updates from the 2024 Red Book

- Kris Bryant MD, FAAP
- Discuss updates in the 2024 Red Book, including vaccine updates
- Utilize resources in Red Book Online

### Neonatal Fever-New Treatment Guidelines

- Pooja Utamsingh MD, FAAP
- Understand evaluation protocols of the febrile infant
- Discuss management of the febrile infant based upon age
- Review treatment strategies

### AAP's 2022 Policy Statement on Breastfeeding and the Use of Human Milk

- Rebecca Collins MD, FAAP
- Review the Updated Policy
- Emphasize the role of pediatric providers in supporting breastfeeding in practice
- Discuss breast or bottle- the illusion of choice
- provide tools to assist moms' in reaching their breastfeeding goals

### The AAP Periodicity Schedule: What's NEW?

- Amber Pendleton MD, FAAP
- Explain the newest aap recommendations for preventive pediatric health care on the periodicity schedule
- Identify challenges and opportunities regarding implementing those periodicity schedule recommendations into practice

### Common Pediatric Surgical Problems

- Cynthia Downard MD, FAAP, MMSc
- Discuss common pediatric surgery diagnoses such as hernias, hydroceles, undescended testes, umbilical hernias, and epigastric hernias
- Outline optimal timing of referral to a surgical specialist
- Determine best follow up for common surgical intervention

LUNCH-N-LEARN

*Child Fatality  
Reviews  
in Kentucky*

1/2 DAY SESSION

*Managing  
Childhood  
Obesity*

The Friday Session will cover two different topics. With the Lunch and Learn session, the Child Fatality Review data and systems in Kentucky will be reviewed; a unique chance to learn about what it does and how it impacts pediatric practice. The rest of the afternoon will cover groundbreaking guidelines in managing childhood obesity. These sessions will help pediatricians understand the New AAP Obesity Guidelines and INBLT for office primary care as well as co-morbidity management of obesity in PCP office. In addition, pharmacologic treatment of overweight/obese children will also be addressed. Closing out the day will be a panel discussion with experts in the field.

**CME Credit:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Kentucky Chapter of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

- The AAP designates this live activity for a maximum of 8.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 8.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 8.5 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society.

**MOC Statement:**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 7.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.





# Sawyer Hayes Community Center

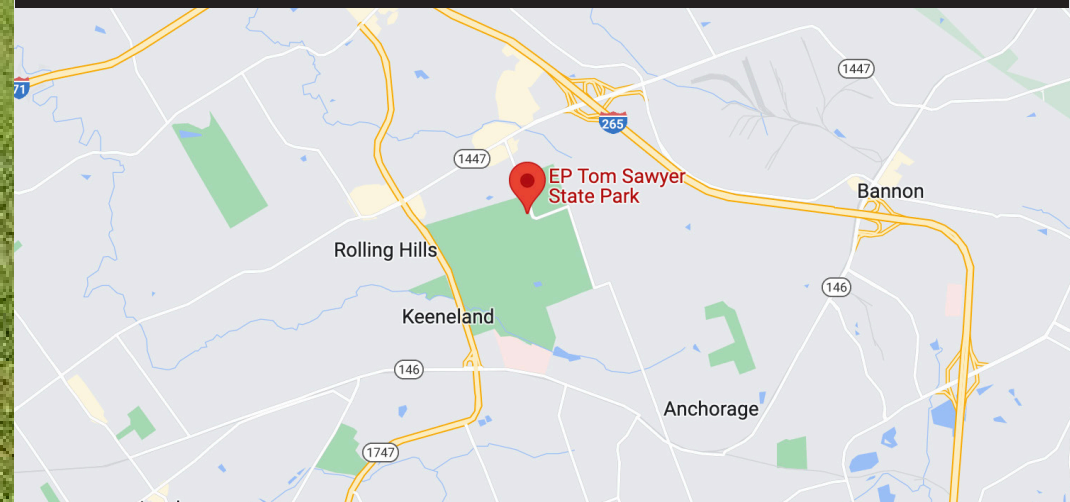
## ON THE GROUNDS OF E. P. TOM SAWYER STATE PARK

The Sawyer Hayes Community Center in Louisville, Kentucky offers a beautiful setting within E.P. "Tom" Sawyer State Park in Louisville Kentucky, this versatile venue boasts over 5,720 square feet of well-appointed event space. The space includes a charming wood pergola on its sprawling lawn. Inside, the community center's spacious Woodlands Room boasts wooden beams, an organic color palette, and floor-to ceiling windows that allow for great natural light and stunning views. With a modern yet rustic design and a warm and inviting ambience, the Sawyer Hayes Community Center offers beautiful and unique backdrop for your meeting event. Just 15 minutes from downtown Louisville!

### Park Amenities/Activities

The Sawyer Hayes Community Center is nestled in an arboreous area of E.P. "Tom" Sawyer and integrates gorgeous views of the surrounding natural scenery. Louisville's only state park, E.P. "Tom" Sawyer, is a hub for recreational activities and a charming setting for any occasion. Located on Louisville's east end, the park features both indoor and outdoor basketball courts, an outdoor pool, picnic tables, pavilion (shelter) rentals, team-building, an archery range, pickleball, softball, geocaching, outdoor volleyball, an orienteering course, walking trails and tennis.

### CLICK MAP FOR DIRECTIONS



# General Information

## REGISTRATION FEES

Fee includes Continental breakfast, and continuing education credit for physicians. KY Chapter of the AAP Member FREE-although pre-registration is REQUIRED

### Non-member of KY Chapter

\$150 (Prior to August 1)

\$175 (After August 1)

No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

## CONFIRMATION/CANCELLATION

All registrants will be sent a confirmation of registration if received prior to August 14, 2024. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

## LOCATION

2201 Lakeland Road (physical address)

Louisville, KY 40241

OR

3000 Freys Hill Road (mailing address)

Louisville, KY 40241

Phone: (502) 245-2296

## LODGING FOR OUT OF TOWN GUESTS

The KY AAP has reserved a block of rooms at **Aloft Hotel in Louisville**. When making reservations, please mention you are affiliated with KY AAP group.

Meeting participants may call the hotel directly at 502-429-9901 or use the online booking link by [clicking here](#).

Or by email:

aanderson@aloftlouisvilleeast.com

## ABOUT THE ALOFT HOTEL

The Aloft Louisville East is a hip new hotel where you'll enjoy being close to the Derby City's many scenic and recreational attractions. They have a perfect networking with friends bar, grab a sweet, savory, or healthy snack from refuel by Aloft(SM), a 24/7 pantry, and a remix lounge. And, you can always stay connected with free hotel-wide wired and wireless High Speed Internet Access! Breeze into one of the Aloft rooms, featuring their ultra-comfortable signature bed, walk-in shower, custom amenities by Bliss® Spa, and more. The plug & play connectivity station charges all your electronics and links to the 42 LCD TV to maximize work and play. There is also a gym/fitness area available on-site at the property and a pool on-site at the property. Heated Indoor pool open from 6am to 11pm.

## OTHER NEARBY POPULAR LODGING OPTIONS

### Fairfield Inn

10110 Champions Farms Drive, Louisville, KY 40241  
—less than 1 mile away,  
502-637-1200

### Embassy Suites

9940 Corporate Campus Drive, Louisville, KY 40223  
—3 miles away  
502-322-0022

### Residence Inn by Marriott

3500 Springhurst Commons Drive, Louisville, KY 40241  
—less than 1 mile away  
502-318-0966

### Holiday Inn Express Louisville North East

3711 Chamberlain Lane, Louisville, KY 40241  
—about 2 miles away  
502-814-0004

# 2024 Registration Form

Name \_\_\_\_\_

AAPID# \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

*Check All That Apply*

- I plan to attend the Friday Lunch & Learn Event
- I will be attending the Friday Session
- I will be attending the Saturday General Session
- I will be attending both Friday and Saturday Sessions

*(check one below)*

- Physician, Current member of Kentucky Chapter, No Charge
- I'd like to donate the money I'm saving on CME's to the Kentucky Pediatric Society Foundation. Please accept my donation, payable to: KPS Foundation
- Non-member of Kentucky Chapter \$150 (prior to August 1), \$175 (after August 1)
- Current Resident/Fellow/Medical Student, No Charge
- By checking this box, I acknowledge the following: Participant confirms they are (1) vaccinated for COVID-19, meaning Participant shall have completed all the dosing requirements of a specific vaccine regimen more than two weeks prior to Participant's arrival, OR (2) Participant shall have received a negative COVID-19 test result not more than three (3) days prior to Participants arrival at Sawyer Hayes Community Center.

Board certified pediatricians are eligible to receive American Board of Pediatrics Maintenance of Certification (MOC) credit for this educational program. If you are board certified, would you like to receive ABP-MOC credit?

- Yes (ABP ID Required for ABP-MOC credit.)       No
- If yes, ABP ID: \_\_\_\_\_

- I grant KY AAP/AAP permission to share my participation information and completion data with ABP and ACCME via the Program and Activity Reporting System (PARS) housed on ACCME's website. I agree that selecting "YES" is the legal and valid equivalent of my manual/handwritten or electronic signature on this document.

## Registrations must be received by AUGUST 15

Make check payable to: Kentucky Pediatric Society

MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS),  
420 Capital Avenue, Frankfort, KY 40601

QUESTIONS? 502.875.2205

# Thank you.

THE KENTUCKY CHAPTER OF THE AAP WOULD LIKE TO THANK  
THE FOLLOWING EXHIBITORS FOR THEIR SUPPORT OF THIS EVENT\*

## **Gold Exhibitors**

Abbott Nutrition  
Kentucky Children's Hospital  
Norton Children's Hospital

## **Silver Exhibitors**

Project Firstline

## **Exhibitors**

Kentucky DPH, EHDI  
Mag Mutual Insurance  
Shriners Childrens-Lexington