

BRIGHT-EYED & ENERGIZED

REDISCOVER THE KY AAP ANNUAL MEETING

Office Based Pediatrics



Kentucky Chapter

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN



AUGUST 18-19, 2023 • E.P. "TOM" SAWYER STATE PARK, LOUISVILLE, KY



A Reimagined Office Based Pediatrics

**WITH A NEW FOCUS
ON ELEVATING THE BENEFITS
OF AN IN-PERSON MEETING
WITH MORE TIME TO**

*Synergize
Strategize
Socialize &
Dialogize!*

Top 5 Meeting Makovers in 2023!

1 *Presentation Interactivity*

MAKING LEARNING MORE ENGAGING

2 *“Speed Dating” Activity*

CONNECTING MENTORS AND MENTEES

3 *More Time*

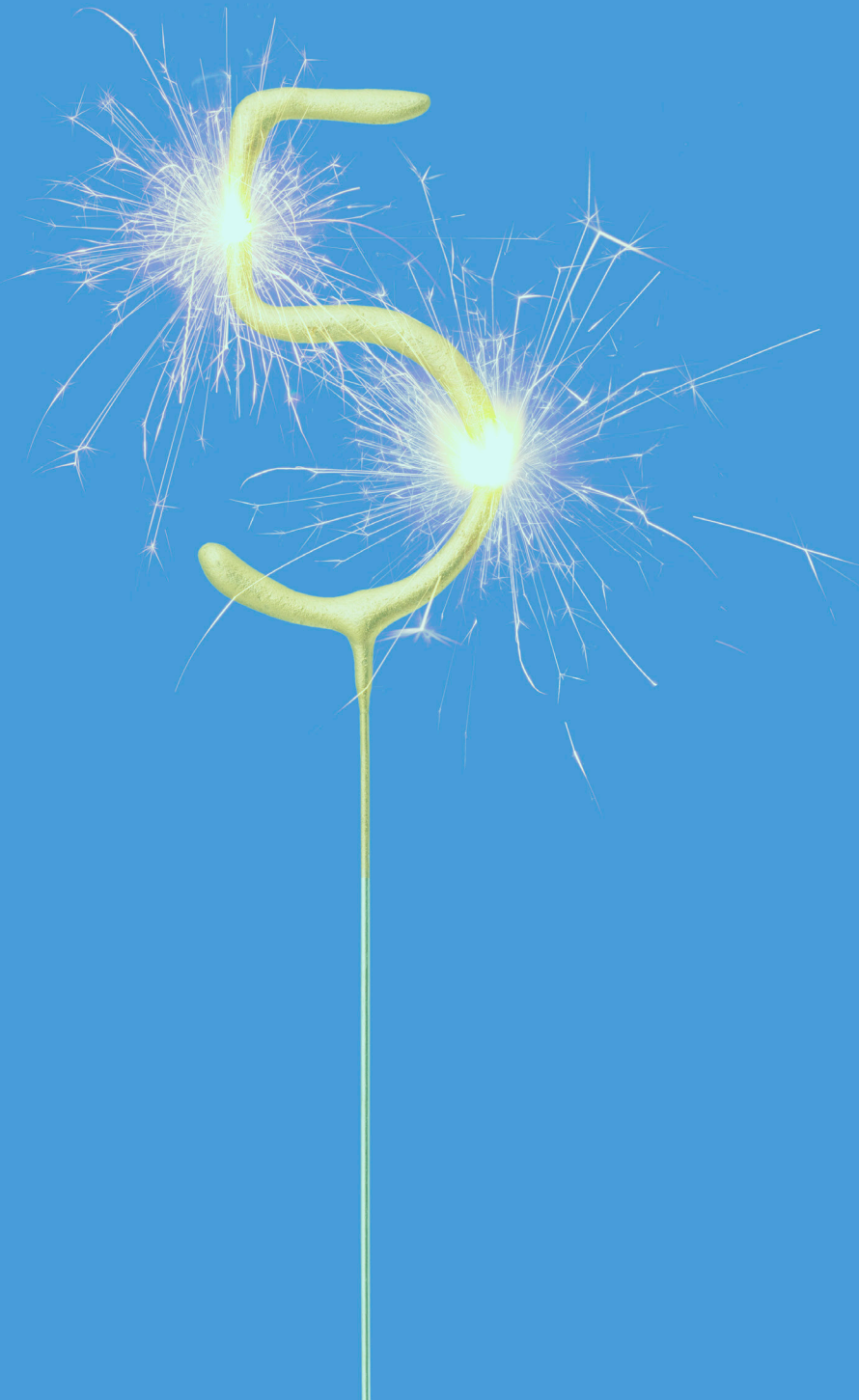
ENGAGING WITH PRESENTERS IN Q&A

4 *Breakfast Tasting Roundtables*

DISCOVER THE KY AAP TASK FORCES

5 *Food For Thought*

CONNECTING VIA LUNCH ROUNDTABLES



2023 Program Agenda (Casual dress)

August 18–19, 2023

Sawyer Hayes Community Center,
E.P. "Tom" Sawyer State Park, Louisville, Ky

**BACK BY POPULAR DEMAND! Friday, Lunch & Learn
And We're Off! Derby Style Panorama of Screening Tools**

FRIDAY AFTERNOON, AUGUST 18

Addressing Mental Health in Your Office presented by the KY K.I.N.D. program (Kids' Interface and Network for Healthy Development).

11:00–12:30PM	Lunch & Learn: And We're Off! Derby Style Overview of Screening Tools <i>Pat Purcell, MD, MBA, FAAP; Pat Hynes, MD, FAAP; Kristen Martin, MS, LMFT</i> Break
12:30–1:00PM	Identify and Treating Anxiety in Young Children <i>Amy Meadows MD, MHS, FAAP, FAPA</i>
1:00–1:40PM	Opportunities for Medical Providers: Brief Non-Pharmacological Interventions to Support Children with Anxiety or Depression and their Caregivers <i>Meghan Marsac, Ph.D.</i> Break
2:20–2:50PM	Identify and Treating Anxiety in Older Children & Adolescents <i>Amy Meadows MD, MHS, FAAP, FAPA</i>
2:50–3:30PM	Connect 4 Activity, Anxiety: Putting It All Together The PCP Toolkit for Consultation with KY K.I.N.D. <i>David Lohr MD</i>
3:30–4:00PM	Consult Simulated Case Calls <i>David Lohr MD</i>

SATURDAY, AUGUST 19 GENERAL SESSION

7:30–8:00AM	Breakfast Tastings— KY AAP Task Force Round Tables
8:00–8:15AM	Welcome Rob Tagher MD, FAAP, KY AAP Chapter President
8:15–9:10AM	Shining Light on Keruicterus Prevention <i>Alex Kemper MD, MPH, MS, FAAP</i>
9:10–9:50AM	Got Milk? <i>Leslie Schuschke, MD</i> Break
9:50–10:20AM	Anemia in Children—A Practical Guide for the PCP <i>Vlad Radulescu MD, FAAP</i>
10:20–11:00AM	Rapid Molecular Testing in Ambulatory Pediatrics: When is the Juice Worth the Squeeze? <i>Kris Bryant MD, FAAP</i>
11:00–11:40AM	Chapter Update and Awards Lunch Break
11:40–12:15PM	Articles that Could Change the Way You Practice Medicine: The Kentucky Edition <i>Alex Kemper MD, MPH, MS, FAAP</i>
12:15–1:30PM	Lies My Doctor Told Me: Medical Myths in Clinical Practice <i>Jeff Meyer MD, FAAP</i>
1:30–2:10PM	Break
2:10–2:50PM	Pulmonary Care of The Medically Complex Child: The Role of the Pediatrician <i>Ron Morton MD</i>

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

Faculty and Course Objectives

Lunch & Learn: And We're Off! Derby Style Overview of Screening Tools

Pat Purcell, MD, MBA, FAAP; Pat Hynes, MD, FAAP; Kristen Martin, MS, LMFT

- Identify children at risk for mental health disorders.
- Determine evaluation services and resources with follow-up.
- Develop strategies for success in payment models.

Part 1: Identifying and Treating Anxiety in Young Children

Amy Meadows, MD, MHS, FAAP, FAPA

- Discuss the difference between typical worry and anxiety disorders in young children.
- Review patient, parent, caregiver, and school strategies for addressing anxiety in young children.
- Give an overview of the typical developmental outcomes.

Opportunities for Medical Providers: Brief Non-Pharmacological Interventions to Support Children with Anxiety or Depression and their Caregivers

Meghan Marsac, Ph.D.

- Participants will be able to describe the role of psychoeducation in helping caregivers and children cope with new mental health diagnoses.
- Participants will be able to better engage caregivers in children's mental health care via brief goal setting.
- Participants will be able to teach their pediatric patients and caregivers brief non-pharmacological interventions to help with anxiety and depression as they navigate mental health care.

Part 2: Identifying and Treating Anxiety in Older Children and Adolescents

Amy Meadows, MD, MHS, FAAP, FAPA

- Identify screening tools for pediatric anxiety.
- Compare typical and atypical presentations of pediatric anxiety.
- Describe the impact of COVID-19 on pediatric anxiety.

ADHD: The PCP Toolkit for Consultation with KY KIND

David Lohr, MD

- Participants will receive an overview of ADHD guidelines and common clinical pearls.
- Participants will understand the role of the KY KIND consultative service in managing ADHD in their patients.

Consult Simulated Case Calls

David Lohr, MD

- Understand the role of the provider child psychiatry consultation service for patient mental/behavioral health.
- Explore the range of mental/behavioral issues appropriate for the consultation service.
- Develop an understanding of the consultation participation processes.

Shining a Light on Kernicterus Prevention

Alex Kemper, MD, MPH, MS

- Describe strategies to prevent and monitor for the development of hyperbilirubinemia.
- Use the new AAP clinical practice guideline to identify when phototherapy or exchange transfusion is needed.
- Identify opportunities for quality improvement.

Got Milk?

Leslie A. Schuschke, MD

- Identify different types of formulas.
- Determine which formulas are appropriate for different situations.

Anemia in Children – A Practical Guide for the Primary Care Physician

Vlad Radulescu, MD, FAAP

- Distinguish different pathogenic mechanisms of anemia.
- Develop a step-wise approach in the diagnosis of anemia in children.
- Help decide which patients to manage and which ones to refer to a hematologist.

Rapid Molecular Testing in Ambulatory

Pediatrics: When is the Juice Worth the Squeeze?
Kris Bryant, MD, FAAP

- Review a sample of rapid molecular tests available in ambulatory settings.
- Identify clinical scenarios in which benefits of rapid molecular tests justify costs.
- Discuss diagnostic pitfalls with rapid molecular tests.

Articles that Could Change the Way You Practice Medicine: The Kentucky Edition

Alex Kemper, MD, MPH, MS

- Describe findings from recent articles that could improve the delivery of primary care.
- Develop a strategy to implement these key findings into practice.

Lies My Doctor Told Me: Medical Myths in Clinical Practice

Jeff Meyer, MD, FAAP

- Review treatments which were historically considered standard of care which are no longer supported by evidence.
- Recognize commonly propagated but weakly- or un-supported recommendations in outpatient pediatric care.
- Become familiar with the ABIM's Choosing Wisely resources regarding evidence-based care guidelines.

Pulmonary Care of the Medically Complex Child: The Role of the Pediatrician

Ron Morton, MD

- Define the medically complex child.
- Discuss the Pediatrician's role in the care of the medically complex child.
- Become familiar with different modalities of airway clearance for the management of the medically complex child.



And We're Off!

DERBY STYLE PANORAMA OF SCREENING TOOLS

Concerned about the increasing number of patients with Mental Health problems you are seeing in the office? Worried about the number of children you seeing with anxiety issues? Our August 18th Friday Session on Mental Health* can provide help with screening, treatment, and referral resources. The Friday session will begin with a special interactive, Lunch & Learn Quiz Game titled, "And We're Off! Derby Style Panorama of Screening Tools," presented by Dr. Purcell, Dr. Hynes and Kristen Martin.

Please join us on Friday for a very practical and educational session about Mental Health Problems in children and Adolescents.

**The Friday session devoted to mental health is championed by the KY K.I.N.D. program and part of the introductory "Propel" series.*

CME Credit:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Kentucky Chapter of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

- The AAP designates this live activity for a maximum of 9.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 9.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 9.0 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

MOC Statement:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 7.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Sawyer Hayes Community Center

ON THE GROUNDS OF E. P. TOM SAWYER STATE PARK

The Sawyer Hayes Community Center in Louisville, Kentucky offers a beautiful setting within E.P. "Tom" Sawyer State Park in Louisville Kentucky, this versatile venue boasts over 5,720 square feet of well-appointed event space. The space includes a charming wood pergola on its sprawling lawn. Inside, the community center's spacious Woodlands Room boasts wooden beams, an organic color palette, and floor-to ceiling windows that allow for great natural light and stunning views. With a modern yet rustic design and a warm and inviting ambience, the Sawyer Hayes Community Center offers beautiful and unique backdrop for your meeting event. Just 15 minutes from downtown Louisville!

Park Amenities/Activities

The Sawyer Hayes Community Center is nestled in an arboreous area of E.P. "Tom" Sawyer and integrates gorgeous views of the surrounding natural scenery. Louisville's only state park, E.P. "Tom" Sawyer, is a hub for recreational activities and a charming setting for any occasion. Located on Louisville's east end, the park features both indoor and outdoor basketball courts, an outdoor pool, picnic tables, pavilion (shelter) rentals, team-building, an archery range, pickleball, softball, geocaching, outdoor volleyball, an orienteering course, walking trails and tennis.

CLICK MAP FOR DIRECTIONS



General Information

REGISTRATION FEES

Fee includes Continental breakfast, and continuing education credit for physicians. KY Chapter of the AAP Member FREE-although pre-registration is REQUIRED

Non-member of KY Chapter

\$150 (Prior to August 1)

\$175 (After August 1)

No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

CONFIRMATION/CANCELLATION

All registrants will be sent a confirmation of registration if received prior to August 10, 2023. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

LOCATION

2201 Lakeland Road (physical address)

Louisville, KY 40241

OR

3000 Freys Hill Road (mailing address)

Louisville, KY 40241

Phone: (502) 245-2296

LODGING FOR OUT OF TOWN GUESTS

The KY AAP has reserved a block of rooms at **Aloft Hotel in Louisville**. When making reservations, please mention you are affiliated with KY AAP group.

Meeting participants may call the hotel directly at 502-429-9901 or use the online booking link by [clicking here](#).
Or by email: jtheilen@aloftlouisvilleeast.com

ABOUT THE ALOFT HOTEL

The Aloft Louisville East is a hip new hotel where you'll enjoy being close to the Derby City's many scenic and recreational attractions. They have a perfect networking with friends bar, grab a sweet, savory, or healthy snack from refuel by Aloft(SM), a 24/7 pantry, and a remix lounge. And, you can always stay connected with free hotel-wide wired and wireless High Speed Internet Access! Breeze into one of the Aloft rooms, featuring their ultra-comfortable signature bed, walk-in shower, custom amenities by Bliss® Spa, and more. The plug & play connectivity station charges all your electronics and links to the 42 LCD TV to maximize work and play. There is also a gym/fitness area available on-site at the property and a pool on-site at the property. Heated Indoor pool open from 6am to 11pm.

OTHER NEARBY POPULAR LODGING OPTIONS

Fairfield Inn

10110 Champions Farms Drive, Louisville, KY 40241
—less than 1 mile away,
502-637-1200

Embassy Suites

9940 Corporate Campus Drive, Louisville, KY 40223
—3 miles away
502-322-0022

Residence Inn by Marriott

3500 Springhurst Commons Drive, Louisville, KY 40241
—less than 1 mile away
502-318-0966

Holiday Inn Express Louisville North East

3711 Chamberlain Lane, Louisville, KY 40241
—about 2 miles away
502-814-0004

2023 Registration Form

Name _____

AAPID# _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Check All That Apply

- I plan to attend the Friday Lunch & Learn Event
- I will be attending the Friday Session
- I will be attending the Saturday General Session
- I will be attending both Friday and Saturday Sessions

(check one below)

- Physician, Current member of Kentucky Chapter, No Charge
- I'd like to donate the money I'm saving on CME's to the Kentucky Pediatric Society Foundation. Please accept my donation, payable to: KPS Foundation
- Non-member of Kentucky Chapter \$150 (prior to August 1), \$175 (after August 1)
- Current Resident/Fellow/Medical Student, No Charge
- By checking this box, I acknowledge the following: Participant confirms they are (1) vaccinated for COVID-19, meaning Participant shall have completed all the dosing requirements of a specific vaccine regimen more than two weeks prior to Participant's arrival, OR (2) Participant shall have received a negative COVID-19 test result not more than three (3) days prior to Participants arrival at Sawyer Hayes Community Center.

Board certified pediatricians are eligible to receive American Board of Pediatrics Maintenance of Certification (MOC) credit for this educational program. If you are board certified, would you like to receive ABP-MOC credit?

- Yes (ABP ID Required for ABP-MOC credit.)
- No

- I grant KY AAP/AAP permission to share my participation information and completion data with ABP and ACCME via the Program and Activity Reporting System (PARS) housed on ACCME's website. I agree that selecting "YES" is the legal and valid equivalent of my manual/handwritten or electronic signature on this document.

Registrations must be received by AUGUST 15

Make check payable to: Kentucky Pediatric Society

MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS),
420 Capital Avenue, Frankfort, KY 40601

QUESTIONS? 502.875.2205

Thank you.

**THE KENTUCKY CHAPTER OF THE AAP WOULD LIKE TO THANK
THE FOLLOWING EXHIBITORS FOR THEIR SUPPORT OF THIS EVENT***

Gold Exhibitors

Abbott Nutrition
Kentucky Children's Hospital
Norton Children's Hospital

Silver Exhibitors

Sobi
Project Firstline

Exhibitors

Bio Marin
Kidz Club
Mag Mutual Insurance
Nutricia Advanced Nutrition
ParaPRO