

WHAT is CATCH?

Through an annual competitive process, AAPCATCH awards seed funding for planning and implementation grants to pediatricians; fellows/fellowship trainees receive \$10,000 for planning or implementation projects, while residents are awarded \$2,000.

CATCH is supported by a network of volunteer pediatricians who provide technical assistance to those seeking funding as well as support once a project has started.

Check out the website for more information!!!

www.aap.org/catch

Look for the call for proposals fall 2023!

See below for an example of a ***Funded Resident Planning CATCH Grant, 2021***

Title: Cultivating and Practicing Preadolescent Socio-emotional Skills

Topic: Mental Health

Summary of Program Description:

The grant writers plan to formulate a curriculum based on the evidence-based modalities of cognitive behavioral therapy and dialectical behavioral therapy to help prepare 8-12 year-old underrepresented and underserved youth for their transition into adolescence.

The curriculum is composed of 15 interactive sessions, beginning with an introduction to emotional health and covering topics like emotion identification, managing strong emotions with distress tolerance, relational health, interpersonal skills, difficult conversations, racial identity and pride-building, sexuality and values-based decision making.

The grant writers have ***partnered with*** Washington, DC public schools through Medstar WISE, a local organization that has well-established relationships with the city's public and charter schools and aims to reduce mental health and educational disparities throughout the city.

The grant writers anticipate that their project will lead to improved knowledge and application of these tenets in children's day-to-day life, better equipping them for their teenage years and the stress of coming of age as a member of an underprivileged, underrepresented population.

<https://downloads.aap.org/AAP/Funded%20Projects/Cultivating%20and%20Practicing%20Preadolescent%20Socio-emotional%20Skills.pdf>

Please feel free to contact us with your grant ideas and technical assistance!

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