

Presort Standard  
US POSTAGE  
**PAID**  
Permit #976  
Louisville, KY

DEDICATED TO THE HEALTH OF ALL CHILDREN  
American Academy of Pediatrics

Kentucky Chapter

100% of past attendees rate this conference as "Excellent!"  
"Excellent topics, speakers, and venue" Participant  
"Very Good two days free CME" Participant

Registration and up to 10.5  
CME credits for Chapter Members  
Jointly provided by AAP and  
the Kentucky Chapter of the AAP

AUGUST 19-20, 2022 • E.P. "TOM" SAWYER STATE PARK, LOUISVILLE, KY

Kentucky Chapter  
OF THE AMERICAN ACADEMY OF PEDIATRICS  
INCORPORATED IN KENTUCKY

KENTUCKY CHAPTER  
OF THE AAP  
OFFICE  
BASED  
PEDIATRICS



## OFFICE BASED PEDIATRICS

August 19-20, 2022

Sawyer Hayes Community Center,  
E.P. "Tom" Sawyer State Park, Louisville, Ky

### 2022 PROGRAM AGENDA (Casual dress)

#### NEW! FRIDAY, A "JEOPARDY" GAME FORMAT LUNCH & LEARN

11:30–12:45PM **To Screen or Not to Screen, that is the Jeopardy Question\***  
*Pat Purcell, MD, FAAP, MBA and Darcie Taggart ATR-BC, LPAT, LPCC-S, RPT*

#### FRIDAY AFTERNOON, AUGUST 19

##### Caring for Children on the Spectrum

##### Action Steps and Roadmaps for Pediatricians

1:00–1:30PM **Miles to Go Before I Sleep: Diagnosing Autism Spectrum Disorder\***  
*Marisa Toomey, MD, FAAP*

1:30–2:00PM **Helping Families Navigate Autism Spectrum Disorder in Kentucky\***  
*Myra Beth Bundy, PhD, BCBA*

2:00–2:30PM **Part 1: Medical Comorbidities in Autism Spectrum Disorders\***  
*Greg Barnes, MD, PhD*

2:30–3:00PM Break

3:00–3:30PM **Part 2: Managing Explosive Behaviors – An Overview\***  
*Virginia Barbosa, MD*

3:30–4:15PM **The Transition to Adulthood and Independent Living: When the School Bus Stops Coming^**  
*Mary Lloyd Moore, Ed.D., CCC-SLP*

4:15–5:00PM **LifeWorks — A Bridge to Independence^**  
*David Wheeler, MSW*

^ Kelly Family Foundation Lectures

#### SATURDAY, AUGUST 20 GENERAL SESSION

8:00–8:15AM WELCOME

8:15–8:45AM **Child Sexual Abuse: What Primary Care Providers Should Know**  
*Kelsey Gregory, MD, FAAP*

8:45–9:15AM **Exploring the Realm of LGBTQ**  
*Brittany Badal, MD*

9:15–9:45AM **Part 1: Pediatric Dermatology, Acne**  
*Patricia Todd, MD*

9:45–10:15AM Break/Exhibits

10:15–10:45AM **Part 2: Pediatric Dermatology, Rashes**  
*Patricia Todd, MD*

10:45–11:15AM **Impact and Application of 2021 CPT E/M Coding Changes for the Outpatient Pediatrician**  
*Sara Woodring, MD, FAAP*

11:15–12:15PM Chapter Update & KY AAP Chapter Awards

12:15–1:45PM Lunch Break/Exhibits

1:45–2:15PM **Common Sports Injuries and When to Refer**  
*Jennifer Brey, MD*

2:15–2:45PM **Covid-19 Updates: How We Got Here and What's New**  
*Daniel Blatt, MD*

2:45–3:00PM Break/Exhibits

3:00–3:30PM **How to Tame the Social Media Monster\***  
*Dan Florell, PhD, NCSP*

3:30–4:00PM **Everything I Learned about Depression during a 2-Year Fellowship in 45 Minutes...\***  
*M. McCray Ashby, MD*

\*Championed by the KY K.I.N.D. program

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

## TWO FRIDAY SESSIONS

NEW!

**To Screen or Not to Screen...that is the Jeopardy Question A "Jeopardy" Game Format Lunch & Learn, presented by the KY K.I.N.D. program (Kids' Interface and Network for Healthy Development).**

The Kentucky Department for Public Health (KDPH) was recently awarded a HRSA grant to develop a statewide **Pediatric Mental Health Care Access Program (PMHCAP)**. Officially, the program name in the Commonwealth is **Kentucky K.I.N.D.** (Kids' Interface and Network for Healthy Development). The program's vision is to increase access to pediatric mental health care in Kentucky.

This session is featured as program kickoff event, a fun and engaging way to begin to identify and address mental and behavioral health issues with children. Using the Jeopardy game format, content will focus on screening in the Primary Care Office. Jeopardy categories and corresponding lecture slides will include: *Is Your Practice Ready? Best Picks-Screening Tools?, How To Administer?, Barriers For Screening?, Now, What Do I Do?*

Following the Lunch & Learn, the Friday Session of the KYAAP Annual Meeting "Office Based Pediatrics" will be taking a deep dive into Mental Health. The overall focus this year will be "Caring for Children on the Autism Spectrum-Action Steps and Roadmap for Pediatricians."

This session should be very valuable for all of us who care for these children. Topics on the agenda will be "Miles to Go Before I Sleep: Diagnosing Autism Spectrum Disorder" by Dr. Marisa Toomey; "Helping Families Navigate Autism Spectrum Disorder in Kentucky" presented by Dr. Myra Beth Bundy; "Part I: Medical Comorbidities in Autism Spectrum Disorders"—presented by Dr. Greg Barnes and "Part II: Managing Explosive Behavior" by Dr. Virginia Barbosa. Our final topic of the afternoon will be a new lecture sponsored by the Kelly Family Foundation and the Lifeworks Center. The topic will be "The Transition to Adulthood and Independent Living: When the School Bus Stops Coming" presented by Dr. Mary Lloyd Moore and David Wheeler, MSW.

Please join us for this very practical and educational session.



## SAWYER HAYES COMMUNITY CENTER on the Grounds of "Tom" Sawyer State Park

The Sawyer Hayes Community Center in Louisville, Kentucky offers a beautiful setting within E.P. "Tom" Sawyer State Park in Louisville Kentucky, this versatile venue boasts over 5,720 square feet of well-appointed event space. The space includes a charming wood pergola on its sprawling lawn. Inside, the community center's spacious Woodlands Room boasts wooden beams, an organic color palette, and floor-to ceiling windows that allow for great natural light and stunning views. With a modern yet rustic design and a warm and inviting ambience, the Sawyer Hayes Community Center offers beautiful and unique backdrop for your meeting event. Just 15 minutes from downtown Louisville!

### Park Amenities/Activities

The Sawyer Hayes Community Center is nestled in an arboreous area of E.P. "Tom" Sawyer and integrates gorgeous views of the surrounding natural scenery. Louisville's only state park, E.P. "Tom" Sawyer, is a hub for recreational activities and a charming setting for any occasion. Located on Louisville's east end, the park features both indoor and outdoor basketball courts, an outdoor pool, picnic tables, pavilion (shelter) rentals, team-building, an archery range, pickleball, softball, geocaching, outdoor volleyball, an orienteering course, walking trails and tennis.



## FACULTY AND COURSE OBJECTIVES

**The goal of this activity is to educate pediatricians and to discuss the best practices in the care of the pediatric patient**

### To Screen or Not To Screen...that is the Jeopardy question

Pat Purcell, MD, FAAP, MBA  
Darcie Taggart ATR-BC, LPAT, LPCC-S, RPT

- Identify screening tools for assessment of mental/behavioral health in children
- Discuss barriers to screening in the office setting
- Explain how to interpret screening tools
- Differentiate how and when to make appropriate referrals

### Miles to Go Before I Sleep: Diagnosing Autism Spectrum Disorder

Marisa Toomey, MD, FAAP

**Learning Objectives:**

- Review current prevalence of Autism Spectrum Disorder
- Discuss diagnostic criteria for Autism Spectrum Disorder
- Identify red flags for Autism Spectrum Disorder in clinical practice

### Helping Families Navigate Autism Spectrum Disorder in Kentucky

Myra Beth Bundy, PhD, BCBA

**Learning Objectives:**

- Understanding parental experience of finding reliable information online and locating autism-specific resources after an ASD diagnosis
- Family Roadmap: review of service providers, community resources, government programs
- Treatment information/resources/ideas for various stages of life

### Part 1: Medical Comorbidities in Autism Spectrum Disorders

Greg Barnes, MD, PhD

**Learning Objectives:**

- Review of medical disorders including: epilepsy, dyslipidemia, hypertension, autoimmune conditions, asthma, allergies, and others
- Review of psychological disorders including: Anxiety, aggression, agitation, irritability, impulsivity, lack of focus,
- Understand presenting disturbed sleep patterns
- Introduce strategies for delivering the most appropriate and effective health care needed for this growing population.

### Part 2: Managing Explosive Behaviors – An Overview

Virginia Barbosa, MD

**Learning Objectives:**

- Identify frequent psychiatric disorders associated to explosive behaviors in ASD
- Identify potential contributors associated to explosive reactions in Autism Spectrum Disorders
- Identify which medications to use and their side effects to treat explosive reactions associated with Autism Spectrum Disorders

### The Transition to Adulthood and Independent Living: When the School Bus Stops Coming

Mary Lloyd Moore, Ed.D., CCC-SLP

**Learning Objectives:**

- Explain issues inherent in transition to adulthood
- Identify transition options/resources in Kentucky
- Describe a specific transition program: LifeWorks at WKU

AND

### LifeWorks@WKU – A Bridge To Independence

David Wheeler, MSW

**Learning Objectives:**

- Attendees will be informed concerning the most prominent challenges facing young adults with autism today
- Attendees will learn how LifeWorks At WKU is meeting the unmet support and training needs for adults with autism seeking to transition to independent living
- Attendees will understand the qualifications and admissions process for the LifeWorks At WKU Transition Academy

### Child Sexual Abuse: What Primary Care Providers Should Know

Kelsey Gregory, MD, FAAP

**Learning Objectives:**

- Acknowledge the epidemiology of child sexual abuse
- Know the outcomes for children that experience child sexual abuse
- Recognize the indications for an acute sexual abuse evaluation

- Identify the basic components of a genital exam and STI evaluation for CSA
- Understand the role of the Children's Advocacy Center
- Acknowledge the importance of mental health resources for children that have experienced CSA

### Exploring the Realm of LGBTQ Health

Brittany Badal, MD

**Learning Objectives:**

- Define terms and outline elements of LGBTQ-friendly health care delivery
- Describe protective factors and health risks affecting LGBTQ patients
- Review appropriate health screenings in the LGBTQ population

### Part 1: Pediatric Dermatology, Acne

Patricia Todd, MD

**Learning Objectives:**

- Review pathophysiology of acne to better understand treatment modalities
- Review clinical presentations of acne with emphasis on skin of color
- Discuss optimal treatment options for varying presentations of acne
- Review new treatments available for acne
- Dispel concerns about use of isotretinoin for acne (if time permits will cover this objective)

### Part 2: Pediatric Dermatology, Rashes

Patricia Todd, MD

**Learning Objectives:**

- Review various presentations of viral eruptions
- Review pathophysiology, presentation and treatment of erythema multiforme and urticaria multiforme
- Discuss diagnosis and management of small vessel vasculitis and Henoch Schoenlein purpura

### Impact and Application of 2021 CPT E/M Coding Changes for the Outpatient Pediatrician

Sara Woodring, MD, FAAP

**Learning Objectives:**

- Understand the current CPT guidelines for outpatient E/M coding based on the element of TIME
- Understand the current CPT guidelines for outpatient E/M coding based on the element of MDM
- Effectively utilize prolonged service codes for complex patients
- Apply coding changes to common patient encounter examples
- Approach billing and coding with more efficiency and confidence in the office setting

### Common Pediatric Sports Injuries and When to Refer

Jennifer Brey, MD

**Learning Objectives:**

- Understand etiology of common sports injuries
- Recognize anatomic differences between children and adult injuries
- Learn basic physical exam skills for sports-related pain
- Learn basic first line non-operative treatment options
- Understand when to refer for orthopaedic evaluation or advanced imaging

### MEETING CHAIR

Stephen Church MD, FAAP  
Chapter Past President

### Covid-19 Updates: How We Got Here and What's New

Daniel Blatt, MD

**Learning Objectives:**

- Understand the conditions that allow for a pandemic to develop
- Learn important lessons and updates from the handling of the current pandemic
- How providers can prepare now for the response of the next global outbreak

### How to Tame the Social Media Monster

Dan Florell, PhD, NCSP

**Learning Objectives:**

- Participants will become aware of the major social media favored by children and adolescents
- Participants will differentiate between types of screen time that are benign and that are harmful
- Participants will become aware of several ways to balance use of social media with other activities

### Everything I Learned about Depression during a 2-Year Fellowship in 45 Minutes...

M. McCray Ashby, MD

**Learning Objectives:**

- Re-examining the diagnosis- A review of other diagnoses that may mimic depressive symptoms
- Alternatives to pharmacological management — A review of therapy based and community-based interventions including safety/risk considerations
- Pharmacological management- A brief overview of office based pediatric pharmacological interventions for pediatric and adolescent depression

### CME Credit

**AMA PRA Category 1 Credits™**  
**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Kentucky Chapter of the AAP. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians.

**Designation:** The AAP designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 10.5 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.

PAs may claim a maximum of 10.5 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.

### PARS MOC Credits

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 7.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## GENERAL INFORMATION

### REGISTRATION FEES

Fee includes Continental breakfast, and continuing education credit for physicians. KY Chapter of the AAP Member FREE-although pre-registration is REQUIRED

Non-member of KY Chapter  
\$150 (Prior to August 1)  
\$175 (After August 1)

No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

### CONFIRMATION/CANCELLATION

All registrants will be sent a confirmation of registration if received prior to August 10, 2022. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

### LOCATION

2201 Lakeland Road (physical address)  
Louisville, KY 40241  
OR  
3000 Freys Hill Road (mailing address)  
Louisville, KY 40241  
Phone: (502) 245-2296

### LODGING FOR OUT OF TOWN GUESTS

The KY AAP has reserved a block of rooms at Aloft Hotel in Louisville. When making reservations, please mention you are affiliated with KY AAP group.

Meeting participants may call the hotel directly at 502- 429-9901 or use the online booking link:  
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1645123034055&key=GRP&app=resvlink>  
Or by email: [jtheilen@aloftlouisvilleeast.com](mailto:jtheilen@aloftlouisvilleeast.com)

### ABOUT THE ALOFT HOTEL

The Aloft Louisville East is a hip new hotel where you'll enjoy being close to the Derby City's many scenic and recreational attractions. They have a perfect networking with friends bar, grab a sweet, savory, or healthy snack from refuel by Aloft(SM), a 24/7 pantry, and a remix lounge. And, you can always stay connected with free hotel-wide wired and wireless High Speed Internet Access! Breeze into one of the Aloft rooms, featuring their ultra-comfortable signature bed, walk-in shower, custom amenities by Bliss® Spa, and more. The plug & play connectivity station charges all your electronics and links to the 42 LCD TV to maximize work and play. There is also a gym/fitness area available on-site at the property and a pool on-site at the property. Heated Indoor pool open from 6am to 11pm.

### OTHER NEARBY POPULAR LODGING OPTIONS

**Fairfield Inn**  
10110 Champions Farms Drive, Louisville, KY 40241  
—less than 1 mile away,  
502-637-1200

**Embassy Suites**  
9940 Corporate Campus Drive, Louisville, KY 40223  
—3 miles away  
502-322- 0022

**Residence Inn by Marriott**  
3500 Springhurst Commons Drive, Louisville, KY 40241  
—less than 1 mile away  
502-318-0966

**Holiday Inn Express Louisville North East**  
3711 Chamberlain Lane, Louisville, KY 40241  
—about 2 miles away  
502-814-0004

## Kentucky Chapter

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®

The Kentucky Chapter of the AAP would like to thank the following exhibitors for their support of this event at the time of program printing.

#### Gold Exhibitors

Kelly Family Foundation  
Kentucky Children's Hospital  
Norton Children's Hospital

#### Silver Exhibitors

Passport Healthplan

#### Exhibitors

Abbott Nutrition  
EHDI  
GSK  
Kentucky Primary Care  
Association  
MAGMutual Insurance  
Mead Johnson  
MedPro

#### Nutricia Advanced

Nutrition  
ParaPRO  
Pfizer  
Sanofi  
Seqirus Vaccines  
Shriners' Hospital  
Sobi-Synagis  
UltraGenyx

## 2022 REGISTRATION FORM

Name \_\_\_\_\_ AAPID# \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Check All That Apply

I plan to attend the Friday Lunch & Learn Event

I will be attending the Friday Session

I will be attending the Saturday General Session

I will be attending both Friday and Saturday Sessions

(Check one below)

Physician, Current member of Kentucky Chapter, No Charge

I'd like to donate the money I'm saving on CME's to the Kentucky Pediatric Society Foundation. Please accept my donation, payable to: KPS Foundation

Non-member of Kentucky Chapter \$150 (prior to August 1), \$175 (after August 1)

Current Resident/Fellow/Medical Student, No Charge

Registrations must be received by AUGUST 15

Make check payable to: Kentucky Pediatric Society

MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS), 420 Capital Avenue, Frankfort, KY 40601

QUESTIONS? 502.875.2205