

Registration and up to 8.25  
CME credits for Chapter Members  
Jointly provided by Norton Healthcare and  
the Kentucky Chapter of the AAP

100% of past attendees rate this conference as "Excellent!"  
"Excellent topics, speakers, and venue" Participant  
"Very Good two days free CME" Participant

AUGUST 20-21, 2021 • HISTORIC BOONE TAVERN, BEREA, KENTUCKY

Kentucky Chapter

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®

# OFFICE BASED PEDIATRICS



## OFFICE BASED PEDIATRICS August 20-21, 2021 Historic Boone Tavern, Berea, Kentucky

### 2021 PROGRAM AGENDA (Casual dress)

#### FRIDAY AFTERNOON, AUGUST 20

1:00-1:30PM	<b>Return to Play Guidelines for Middle and High School Athletes Following COVID-19 Infection</b> <i>Dr. Rob Revelette</i>
1:30-2:00PM	<b>COVID-19's Toll: investigating the impact of virtual learning on children's socioemotional and cognitive development</b> <i>Dr. Alison Heck</i>
2:00-2:30PM	<b>Telehealth in Your Practice: What You Need to Know</b> <i>Dr. Carol Steltenkamp</i>
2:30-3:00PM	Break
3:00-3:30PM	<b>Impact of COVID 19 on Adolescent Suicide</b> <i>Dr. Mandakini Sadhir</i>
3:30-4:00PM	<b>Addressing the Mental Health of Pediatric Patients During COVID-19</b> <i>Dr. Katherine Hopkins</i>
4:00-5:00PM	<b>Panel Discussion—What Happened? A Roundtable Debriefing for Pediatricians after a Pandemic</b> <i>Dr. Casey Lewis, Facilitator, Dr. Rob Tagher, Dr. Justin Morgan, and Dr. Robin Warner</i>

#### SATURDAY, AUGUST 21 GENERAL SESSION

8:00-8:15AM	WELCOME
8:15-8:45AM	<b>Advancing Diversity, Equity, and Inclusion in Clinical Practice: Highlights for the General Pediatrician</b> <i>Dr. Stephanie White</i>
8:45-9:15AM	<b>Screening for Adverse Childhood Experiences in Private Practice: It Can Be Done!</b> <i>Dr. Erin Frazier</i>
9:15-9:45AM	<b>Eating Disorders: Tools for the Office Setting</b> <i>Dr. Angela Krause</i>
9:45-10:15AM	Break/Exhibits
10:15-10:45AM	<b>COVID-19 2021</b> <i>Dr. Gary Marshall</i>
10:45-11:30AM	<b>Evan Dunbar Lecture, Coaching From The Stands: A Primary Pediatrician's Role in Cancer Care</b> <i>Dr. Dan Kischnick</i>
11:30-12:00PM	Chapter Update
12:00-1:15PM	Lunch Break
1:15-1:30PM	KYAAP Chapter Awards
1:30-2:00PM	<b>New Strategies for Pediatric Asthma: Exploring the 2020 Guidelines</b> <i>Dr. Scott Bickel</i>
2:00-2:30PM	<b>Cardiac Causes of Syncope in Children</b> <i>Dr. Soham Dasgupta</i>
2:30-3:00PM	<b>Common Menstrual Concerns and Contraception</b> <i>Dr. Kim Huhmann</i>
3:00-3:30PM	<b>Deprescribing Psychotropic Medication in Youth</b> <i>Dr. David Lohr</i>

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

### HISTORIC BOONE TAVERN IN BEREA, KENTUCKY



Boone Tavern opened in 1909 and began humbly with 25 guestrooms in a measure to accommodate the many visitors of Berea College President William G. Frost and his wife, Nellie.

Now, the guest room tally is at 63, and a recent \$11 million renovation has upgraded many elements of the property, laying the foundation for another successful century. The award-winning Berea, Kentucky hotel is a member of the Historic Hotels of America and is listed on the National Register of Historic Places. The tavern has also earned the distinction as a LEED Gold Certified Green Hotel.

#### ADDITIONAL FEATURES

The Shoppe at Boone Tavern is an old-fashioned candy store featuring sweet treats by Kentucky Chocolates and freshly baked pastry items from the Boone Tavern pastry chef.

- Complimentary parking.
- Complimentary bicycles are available for guest recreation and for shopping. You

may stop by the front desk for details.

- The Seabury Center on the Berea College campus is available to guests for exercise and fitness and is a short walk from Boone Tavern.

#### BEREA ACTIVITIES

Your getaway to Berea will be made memorable not only by Boone Tavern's elegant décor and well manicured

grounds, but by the many activities surrounding the hotel.

If you aren't exploring the town's many artisan boutiques, you might consider the 7,700+ acres of forest land owned by Berea College. This nearby escape has public hiking trails and is especially beautiful with spring blooms and fall color.

Consider these other Top Attractions near Berea, KY too:

- Kentucky Artisan Center
- Old Town Artisan Village
- The Pinnacles
- Renfro Valley
- Hummel Planetarium at Eastern Kentucky University
- Tater Knob Pottery & Farm
- Berea Arena Theater
- Eastern Kentucky University of Performing Arts
- Shaker Village of Pleasant Hill

#### MEETING CO CHAIRS

Stephen Church, M.D., FAAP  
Chapter Past President  
East Louisville Pediatrics  
Casey Lewis, M.D., FAAP  
Pediatrics of Bullitt County

#### CHAPTER OFFICERS

Jaime Pittenger, M.D., FAAP  
President  
TBD  
Vice President  
TBD  
Secretary/Treasurer





## FACULTY AND COURSE OBJECTIVES

The goal of this activity is to educate pediatricians and to discuss the best practices in the care of the pediatric patient

### Return to Play Guidelines for Middle and High School Athletes Following COVID-19 Infection

Rob Revelette MD, PhD, FAAP

Learning Objectives:

- Understand the potential complications of COVID-19 infection
- Know the role of the primary care physician in the return to play process
- Become familiar with the return to play algorithm developed by the AAP and adopted by the KHSAA
- Understand when to refer to a cardiologist before clearing an athlete for play

### COVID-19's Toll: Investigating the Impact of Virtual Learning on Children's Socioemotional and Cognitive Development

Alison Heck, PhD

Learning Objectives:

- Identify potential areas of concern for all K-12 students' cognitive and socioemotional development as a result of the switch to virtual learning
- Identify groups of children that are at increased risk for cognitive and socioemotional issues as a result of the switch to virtual learning
- Discuss opportunities for continued research and for targeted intervention with respect to these issues.

### Telehealth in Your Practice:

#### What You Need to Know

Carol L. Steltenkamp, MD, MBA, FAAP, FHIMSS

Learning Objectives:

- Identify what the General Pediatrician needs to know to successfully implement and maintain a telehealth program
- Discuss updated telehealth regulations
- Describe current payment models for telehealth services

### Impact of COVID 19 on Adolescent Suicide

Mandakini Sathir, MD, FAAP

Learning Objectives:

- Recognize current state of adolescent mental health and suicide during a pandemic
- Describe Zero suicide framework for suicide prevention
- Use strategies to address mental health needs in an office-based setting

### Addressing the Mental Health of Pediatric Patients during COVID-19

Kathryn Hopkins, Ph.D.

Learning Objectives:

- Identify common symptoms pediatricians are seeing in kids – Pre-COVID vs. Now
- Understand the difference of what is a normal stress reaction vs. what needs further evaluation
- Know what providers can do to help patients and families manage COVID related stress
- Know what steps pediatricians can take if further evaluation and treatment is needed

### Panel Discussion: "What Just Happened? A Roundtable Debriefing for Pediatricians after a Pandemic"

Casey Lewis, MD, FAAP –Facilitator

Robert Tagher, MD, FAAP

Justin Morgan, MD, FAAP

Robin Warner, MD, FAAP

Learning Objectives:

- Discuss how the pandemic affected our practice
- Discuss how the pandemic affected our patients and families
- Discuss how the pandemic affected physicians and providers
- Discuss available resources for support

### Advancing Diversity, Equity, and Inclusion in Clinical Practice: Highlights for the General Pediatrician.

Stephanie L. White, MD

Learning Objectives:

- Identify examples of the impact diversity, equity, and inclusion have in pediatrics
- Discuss approaches general pediatricians can use to address diversity, equity, and inclusion in practice

### Screening for Adverse Childhood Experiences in Private Practice: It can be done!

Erin R. Frazier, MD, FAAP

Learning Objectives:

- Explain how adverse childhood experience can affect long term health outcomes
- Identify common pediatric presentations associated with childhood trauma
- Identify a screening tool for pediatric patients and their families

- Explain how screening for adverse childhood experiences can change your practice

### Eating Disorders: Tools for the Office Setting

Andrea Krause, MD, FAAP

Learning Objectives:

- Eating disorder fundamentals for early diagnosis and detection
- Tools for office-based pediatricians and providers
- Review of guidelines for levels of care for treatment of eating disorders

### COVID-19 2021

Gary S. Marshall, MD, FAAP

Learning Objectives:

- Identify clinical features of COVID-19 in children
- Know when to suspect MIS-C
- Discuss COVID-19 vaccination with families

### Evan Dunbar Lecture, Coaching from the Stands: A Primary Pediatrician's Role in Cancer Care

Daniel B. Kischnick MD, MS, FAAP

Learning Objectives:

- Recognize the need for vigilance in the primary care setting
- Review best practices for breaking bad news to families
- Clarify the role that a primary care pediatrician plays throughout a patient's cancer care
- Outline the need for knowledge enhancement or review of past knowledge related to cancer care
- Identify resources that may be of help to families managing a child with cancer
- Prepare for unexpected challenges from the time of diagnosis onward
- Recognize the importance of the primary care pediatrician in cancer care

### New Strategies for Pediatric Asthma: Exploring the 2020 Guidelines Update

Scott G. Bickel, MD, M.S.

Learning Objectives:

- Learn about the six focus areas addressed by the guidelines update
- Highlight guidance for intermittent ICS use in select children
- Evaluate single maintenance and reliever therapy (SMART) use in general pediatrics

### Cardiac Causes of Syncope in Children

Soham Dasgupta, MD

Learning Objectives:

- Understand the most common cardiac causes of syncope in children.
- Learn approaches to screen for cardiac syncope in the primary care office.
- Review the tools used to diagnose and treat cardiac syncope by the pediatric cardiologist
- Increase understanding of the most up-to-date treatments available for cardiac syncope

### Common Menstrual Concerns and Contraception

Kimberly S. Huhmann, MD, FACOG

Learning Objectives:

- Describe normal menstrual patterns
- Identify common menstrual complaints
- Review non-hormonal treatment options
- Discuss hormonal and contraceptive choices

### Deprescribing Psychotropic Medications in Youth

William David Lohr, MD

Learning Objectives:

- Participants will understand the concept of deprescribing psychotropic medications in youth as a developmentally informed rational form of treatment
- Participants will be able to identify different scenarios where deprescribing psychotropic medications in youth should be considered
- Participants will understand how to apply the intervention of deprescribing medications to youth in a safe and thoughtful manner

### CME Credit

AMA PRA Category 1 Credits™

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Norton Healthcare and the Kentucky Chapter of the American Academy of Pediatrics. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

**Designation:** Norton Healthcare designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ABP MOC Credits

Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 8.25 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## GENERAL INFORMATION

### REGISTRATION FEES

Fee includes Continental breakfast, and continuing education credit for physicians. KY Chapter of the AAP Member FREE-although pre-registration is REQUIRED

Non-member of KY Chapter

\$150 (Prior to August 1)

\$175 (After August 1)

No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

### CONFIRMATION/CANCELLATION

All registrants will be sent a confirmation of registration if received prior to August 10, 2019. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

### LOCATION/DIRECTIONS

Boone Tavern Hotel

100 Main St.

Berea, Kentucky 40404

Toll-Free: 1-800-366-9358

### From Lexington, KY and Cincinnati, OH

- Driving South on I-75
- Take I-75 South to exit 77 for KY-595 S
- Turn left onto KY-595 S/Walnut Meadow Road
- Turn right onto Walnut Meadow Road
- Continue onto Main Street, Boone Tavern will be on the left

### From Knoxville, Driving North on I-75

- Take I-75 North to exit 76 for KY-21
- Turn right onto KY-21 E/Chestnut Street,
- Continue onto Estill Street
- Take a sharp right onto South Main Street, Boone Tavern will be on the left

### FACILITY

#### Boone Tavern Rooms & Suites

The hotel rooms in Berea, KY come in various sizes and arrangements, making it easy to accommodate your specific needs. Executive Suite, Junior Suite, King Rooms, Double Rooms, Queen Rooms, and Scholarly Full Rooms. Call 1-800-366-9358.

#### ADDITIONAL LODGING

When Boone Tavern lodging reaches its capacity from reservations by the KY AAP group, arrangements have been made with the Holiday Inn Express in Berea (only 4 miles from the Tavern) for additional lodging.

#### Holiday Inn Express

219 Paint Lick Rd

Berea, KY 40404

When making reservations, please mention you are affiliated with KY AAP group. Meeting participants may call the hotel directly at 859-985-5500.

#### OTHER LODGING OPTIONS

##### Pinehurst Lodge

Fairfield Inn and Suites, Lexington & Berea

227 Paintlick Road, Berea, KY 40403

(859) 985-8191

##### Red Roof Inn and Suites, Berea

330 Walnut Creek Drive, Berea, KY 40403 (Formerly

Country Inn & Suites Berea)

(859) 228-0340

##### Pinnacle View Inn (B&B)

491 Log Cabin Road, Berea, KY 40403

(859) 756-4789

##### The Doctor's Inn of Berea (B&B)

617 Chestnut Street, Berea, KY 40403

859-986-3042

## Kentucky Chapter

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



The Kentucky Chapter of the AAP would like to thank the following exhibitors for their support of this event at the time of program printing.

#### Exhibitor Gold

Kentucky Children's Hospital

Mag Mutual

Norton Healthcare

#### Exhibitor

Norton Children's Hospital

## 2021 REGISTRATION FORM

Name \_\_\_\_\_ AAPID# \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

I plan to attend the Friday afternoon Session

I will be attending the Saturday General Session

I will be attending both Friday and Saturday Sessions

(check one below)

Physician, Current member of Kentucky Chapter, No Charge

I'd like to donate the money I'm saving on CME's to the Kentucky Pediatric Society Foundation. Please accept my donation, payable to: KPS Foundation

Non-member of Kentucky Chapter \$150 (prior to August 1), \$175 (after August 1)

Current Resident/Fellow/Medical Student, No Charge

Registrations must be received by AUGUST 15

Make check payable to: Kentucky Pediatric Society

MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS), 420 Capital Avenue, Frankfort, KY 40601

QUESTIONS? 502.875.2205