

Presort Standard
US POSTAGE
PAID
Permit #976
Louisville, KY

Kentucky Chapter
American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN[®]

Registration and up to 8.5
CME credits for Chapter Members
Jointly provided by Norton Healthcare and
the Kentucky Chapter of the AAP

100% of past attendees rate this conference as "Excellent!"
"Excellent topics, speakers, and venue" Participant
"Very Good two days free CME" Participant

AUGUST 21–22, 2020 • HISTORIC BOONE TAVERN, BEREА, KENTUCKY

Kentucky Chapter

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN[®]

KENTUCKY CHAPTER
OF THE AAP
OFFICE
BASED
PEDIATRICS



OFFICE BASED PEDIATRICS

August 21–22, 2020

Historic Boone Tavern, Berea, Kentucky

FRIDAY, AUGUST 21, NEONATAL NEWS FOR THE PCP

12:30–1:00PM	Registration & Exhibits
1:00–1:15PM	Welcome
1:15–1:45PM	Evidence Based Practice in Neonatal Opioid Withdrawal Syndrome <i>Lori Devlin Phinney, DO, MHA, MS, FAAP</i>
1:45–2:15PM	Neonatal Hypoglycemia: Making Sense of Different Opinions <i>David Adamkin, MD, FAAP</i>
2:15–2:45PM	Q & A
2:45–3:15PM	Exhibits
3:15–3:45PM	Jaundice in the Newborn <i>Jonathan Cohen, MD, FAAP</i>
3:45–4:15PM	Update on Management of Infants at Risk for GBS Disease <i>Dan Stewart, MD, FAAP</i>
4:15–4:45PM	Q & A

FRIDAY EVENING RECEPTION AND SESSION

7:00–8:00PM	Sips n' Sweets Reception
8:00–9:00PM	Pediatric Playtime Trivia Night Questions related to Friday Session Lectures and General Pediatric Medicine Knowledge

2020 PROGRAM AGENDA (Casual dress)

SATURDAY, AUGUST 22, GENERAL SESSION

7:45–8:15AM	Registration & Exhibits
8:15–8:30AM	Welcome
8:30–9:00AM	Caring for Immigrant Children: Practical In-office Guidelines for the General Pediatrician <i>Janeth Ceballos Osorio, MD, FAAP & Fernanda Nota, MD, FAAP</i>
9:00–9:30AM	Gluten-Free, Paleo, Keto and Fad Diets: What do you and your Patients Need to Know? <i>Chris Bolling, MD, FAAP</i>
9:30–10:00AM	The Nuts (and Bolts) of Pediatric Urology in Kentucky <i>Jeffrey White, MD, PhD</i>
10:00–10:30AM	Break / Exhibits
10:30–11:00AM	Let's Talk about Meds for ADHD <i>Judith Axelrod, MD, FAAP</i>
11:00–11:30AM	Chapter Update
11:30–12:00PM	Break / Exhibits
12:00–12:30PM	Pick up Boxed Lunch
12:30–1:15PM	(Working Lunch) How to Survive and Thrive: Parenting Adolescents with Mental Health Problems <i>Stephanie Stockburger, MD, FAAP</i>
1:30–1:45PM	Chapter Awards
1:45–2:15PM	Diagnosis and Management of Mild Traumatic Brain Injury (Concussion) in Children and Adolescents <i>William Scott Black, MD, MS, CAQ–Sports Medicine</i>
2:15–2:30PM	Break
2:30–3:00PM	Twinkle, Twinkle Little Sleeper: Common sleep problems in children <i>Zoran Danov, MD, FAAP</i>
3:00–3:30PM	Cannabidiol Oil in Pediatrics <i>Mark McDonald, MD, CPE, FAAP</i>
3:30–3:45PM	Q & A
3:45–4:00PM	Door Prize Raffle, Close

You should attend Office Based Pediatrics if you are a general pediatrician or a pediatric subspecialist interested in updating your knowledge and skills in general pediatrics.

HISTORIC BOONE TAVERN IN BEREА, KENTUCKY



Boone Tavern opened in 1909 and began humbly with 25 guestrooms in a measure to accommodate the many visitors of Berea College President William G. Frost and his wife Nellie.

Now, the guest room tally is at 63, and a recent \$11 million renovation has upgraded many elements of the property, laying foundation for another successful century. The award-winning Berea, Kentucky hotel is a member of the Historic Hotels of America and is listed on the National Register of Historic Places. The tavern has also earned the distinction as a LEED Gold Certified Green Hotel.

ADDITIONAL FEATURES

The Shoppe at Boone Tavern is an old-fashioned candy store featuring sweet treats by Kentucky Chocolates and freshly baked pastry items from the Boone Tavern pastry chef.

- Complimentary parking.
- Complimentary bicycles are available for guest recreation and for shopping.

You may stop by the front desk for details.

- The Seabury Center on the Berea College campus is available to guests for exercise and fitness and is a short walk from Boone Tavern.

BEREA ACTIVITIES

Your getaway to Berea will be made memorable not only by Boone Tavern's

elegant décor and well manicured grounds, but by the many activities surrounding the hotel.

If you aren't exploring the town's many artisan boutiques, you might consider the 7,700+ acres of forest land owned by Berea College. This nearby escape has public hiking trails and is especially beautiful with spring blooms and fall color.

Consider these other Top Attractions near Berea, KY too:

- Kentucky Artisan Center
- Old Town Artisan Village
- The Pinnacles
- Renfro Valley
- Hummel Planetarium at Eastern Kentucky University
- Tater Knob Pottery & Farm
- Berea Arena Theater
- Eastern Kentucky University of Performing Arts
- Shaker Village of Pleasant Hill

MEETING CO CHAIRS

Stephen Church, M.D., FAAP
Chapter Past President
East Louisville Pediatrics
Casey Lewis, M.D., FAAP
Pediatrics of Bullitt County

CHAPTER OFFICERS

Scottie Day, M.D., FAAP
President
Jaime Pittenger, M.D., FAAP
Vice President
Britt Anderson, M.D., FAAP
Secretary/Treasurer



NEW
SESSION!

NEONATAL NEWS
FOR THE PCP
Friday, August 21, 1–5:00PM

This year the Friday Break-out Session will be on August 21, 2020 in Berea, KY. This year’s session is titled Neonatal News for the PCP and is an update on common Neonatology problems. This topic should be a very practical and very educational for those of us who see babies in the nursery and office daily.

We have an outstanding speaker for this session. Dr Lori Devlin will address “NAS Babies-Follow up Treatment to Exposure during Pregnancy.” Dr Adamkin will address “Hypoglycemia”—the new definition and treatment. Dr Jonathan Cohen will discuss “Bilirubin” and Dr Dan Stewart will discuss Sepsis. The New GBS Guidelines. Knowing how important these topics are, we have scheduled extra time for questions and answers.

Please join us for what should be a very practical and informative session.

CME Credit
AMA PRA Category 1 Credits™

Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Norton Healthcare and the Kentucky Chapter of the American Academy of Pediatrics. Norton Healthcare is accredited by the Kentucky Medical Association to provide continuing medical education for physicians.

Designation: Norton Healthcare designates this live activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABP MOC Credits
Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 8.5 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

FACULTY AND COURSE OBJECTIVES

The goal of this activity is to educate pediatricians and to discuss the best practices in the care of the pediatric patient

Evidence Based Practice in Neonatal Opioid Withdrawal Syndrome
Lori Devlin Phinney, DO, MHA, MS, FAAP
Learning Objectives:

- Review current evidence that support the assessment and management of infants with neonatal opioid withdrawal syndrome during the hospital stay
- Review national and state trends for opioid use during pregnancy and NOWS

Neonatal Hypoglycemia: Making Sense of Different Opinions
David Adamkin, MD, FAAP
Learning Objectives:

- Discuss postnatal glucose homeostasis and Transitional Neonatal Hypoglycemia
- Review the AAP vs Pediatric Endocrine Society Interpretations for Defining Hypoglycemia
- Interpret Outcome Data of Neonates with Low Glucose levels
- Discuss use of Dextrose Gel

Jaundice in the Newborn
Jonathan Cohen, MD, FAAP
Learning Objectives:

- Understand pathophysiology of hyperbilirubinemia in infants
- Identify subgroups at higher risk bilirubin associated pathology
- Develop management algorithm for Bilirubin in the first few weeks of life

Update on Management of Infants at Risk for GBS Disease
Dan Stewart, MD, FAAP
Learning Objectives:

- To provide updated information regarding the epidemiology of GBS disease to neonatal clinicians
- List current recommendations for treatment of those infants with confirmed GBS disease
- Explain the appropriate use of the EOS (early onset sepsis calculator) in these patients
- Understand the downstream effects of antibiotic exposure as related to changes in the microbiome

Caring for Immigrant Children: Practical In-office Guidelines for the General Pediatrician
Janeth Ceballos Osorio, MD, FAAP and Maria Fernanda Nota, MD, FAAP
Learning Objectives:

- Quick review of immigration’s basics: types of immigration status and demographics in KY
- Assessment of immigrant children and useful resources

Gluten-Free, Paleo, Keto and Fad Diets: What do you and your Patients Need to Know?
Chris Bolling, MD, FAAP
Learning Objectives:

- Describe features of common ‘fad’ diets
- List characteristics of patients most likely to engage in ‘fad’ diets
- Explain concerns related to common ‘fad’ diets

The Nuts (and Bolts) of Pediatric Urology in Kentucky
Jeffrey White, MD, PhD
Learning Objectives:

- Recognition of congenital genitourinary anomalies
- Treatment and care of common pediatric genitourinary conditions
- When to refer for common pediatric genitourinary condition

Let’s Talk about Meds for ADHD
Judith Axelrod, MD, FAAP
Learning Objectives:

- Treatments for ADHD
- Medication choices and how to choose
- Dosing options
- New medications and when to use
- How to monitor side effects
- Combinations of medications and how to choose
- When to refer child to subspecialty

How to Survive and Thrive: Parenting Adolescents with Mental Health Problems
Stephanie Stockburger, MD, FAAP
Learning Objectives:

- Identify common mental health diagnoses
- Review stressors caregivers may encounter
- Identify strategies and resources for supporting the health and development of children and adolescents with mental health problems
- Discuss the power of play in brain-building and resilience
- Review positive parenting techniques to help foster respect and togetherness

Diagnosis and Management of Mild Traumatic Brain Injury (Concussion) in Children and Adolescents
William S. Black, MD, MS, CAQ-Sports Medicine
Learning Objectives:

- Describe the criteria to make the diagnosis of concussion in children and adolescents
- Identify and understand how to use a validated clinical tool to assist in the diagnosis and management of concussion in children and adolescents
- Describe the expected clinical course of an uncomplicated concussion
- Identify clinical features that may indicate an increased likelihood for a prolonged recovery from a concussion

Twinkle, Twinkle Little Sleeper: Common sleep problems in children
Zoran Danov, MD FAAP
Learning objectives:

- Examine normal sleep patterns from birth through adolescence
- Recognize common sleep disorders seen in childhood
- Formulate a basic management plan for common sleep disorders in primary care
- Discriminate sleep conditions that require an overnight polysomnography

Cannabidiol Oil in Pediatrics
Mark McDonald, MD, CPE, FAAP
Learning Objectives:

- Review the history and legality of CBD oil
- Review the mechanism of action of CBD oil
- To understand the potential uses of CBD oil in Pediatrics
- To understand the side effects and benefits of CBD oil

GENERAL INFORMATION

REGISTRATION FEES
Fee includes Continental breakfast, and continuing education credit for physicians. KY Chapter of the AAP Member FREE-although pre-registration is REQUIRED
Non-member of KY Chapter \$150 (Prior to August 1)
\$175 (After August 1)
No charge for residents/students affiliated with the UofL and UK Schools of Medicine, Department of Pediatrics.

CONFIRMATION/CANCELLATION
All registrants will be sent a confirmation of registration if received prior to August 10, 2019. Registration fee is refundable if cancelled by participant prior to August 1, minus a \$10 cancellation fee. Should the sponsors cancel this meeting, registration fees will be reimbursed in full. However, the KY AAP is not responsible for any other costs incurred by the participants. Registration fees are nonrefundable after August 10.

LOCATION/DIRECTIONS
Boone Tavern Hotel
100 Main St.
Berea, Kentucky 40404
Toll-Free: 1-800-366-9358

From Lexington, KY and Cincinnati, OH

- Driving South on I-75
- Take I-75 South to exit 77 for KY-595 S
- Turn left onto KY-595 S/Walnut Meadow Road
- Turn right onto Walnut Meadow Road
- Continue onto Main Street, Boone Tavern will be on the left

From Knoxville, Driving North on I-75

- Take I-75 North to exit 76 for KY-21
- Turn right onto KY-21 E/Chestnut Street,
- Continue onto Estill Street
- Take a sharp right onto South Main Street, Boone Tavern will be on the left

FACILITY
Boone Tavern Rooms & Suites
The hotel rooms in Berea, KY come in various sizes and arrangements, making it easy to accommodate your specific needs. Executive Suite, Junior Suite, King Rooms, Double Rooms, Queen Rooms, and Scholarly Full Rooms. Call 1-800-366-9358.

ADDITIONAL LODGING
When Boone Tavern lodging reaches its capacity from reservations by the KY AAP group, arrangements have been made with the Holiday Inn Express in Berea (only 4 miles from the Tavern) for additional lodging.

Holiday Inn Express
219 Paint Lick Rd
Berea, KY 40404

When making reservations, please mention you are affiliated with KY AAP group. Meeting participants may call the hotel directly at 859-985-5500.

OTHER LODGING OPTIONS
Pinehurst Lodge
Fairfield Inn and Suites, Lexington & Berea
227 Paintlick Road, Berea, KY 40403
(859) 985-8191

Red Roof Inn and Suites, Berea
330 Walnut Creek Drive, Berea, KY 40403 (Formerly Country Inn & Suites Berea)
(859) 228-0340

Pinnacle View Inn (B&B)
491 Log Cabin Road, Berea, KY 40403
(859) 756-4789

The Doctor’s Inn of Berea (B&B)
617 Chestnut Street, Berea, KY 40403
859-986-3042

Kentucky Chapter

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®



The Kentucky Chapter of the AAP would like to thank the following exhibitors for their support of this event at the time of program printing.

Exhibitor Gold	Exhibitor Silver	Norton Children's
Mag Mutual	TBD	ParaPro
Norton Healthcare	Exhibitor	Sobi
Cincinnati Children's/Kentucky	Abbott	Theraplex
Children's Hospital	Gerber	Ultragenyx
Joint Pediatric Heart	GSK	VaxCare
Care Program	Kaleo	WellCare

2020 REGISTRATION FORM

Name _____ AAPID# _____
Address _____
City _____ State _____ Zip _____
Email Address _____

☐ I plan to attend the Friday afternoon Neonatal News for PCP Session
☐ I plan to attend the Friday evening reception: _____ # adults _____ # children
☐ I will be attending the Friday evening session, “Pediatric Playtime Trivia Night” 8-9pm
☐ I will be attending the Saturday General Session

(check one below)
☐ Physician, Current member of Kentucky Chapter, No Charge
☐ I'd like to donate the money I'm saving on CME's to the Kentucky Pediatric Society Foundation. Please accept my donation, payable to: KPS Foundation

☐ Non-member of Kentucky Chapter \$150 (prior to August 1), \$175 (after August 1)
☐ Current Resident/Fellow/Medical Student, No Charge
NOTE: Handouts will be provided online at no charge.

Registrations must be received by AUGUST 15
Make check payable to: Kentucky Pediatric Society
MAIL payment and completed form to: Kentucky Chapter of the AAP (KPS), 420 Capital Avenue, Frankfort, KY 40601
QUESTIONS? 502.875.2205

PEDIATRIC PLAYTIME TRIVIA NIGHT



Friday, August 21, 2020 8:00–9:00PM

After enjoying some refreshments at the ***Sips n' Sweets*** reception (7PM), come on down and bring your colleagues to a fun ***Pediatric Playtime Trivia Night!*** (8PM–9PM) — Trivia teams will be made up of 2-5 members. Test your knowledge with this Trivia Night — an event that is sure to add excitement to the end of your educational day.

The Trivia Night offers a fun way to learn about pediatric medical information. It includes four categories of questions from which to choose, two of which will relate to Friday's Neonatal News session and Saturday's General Session

Each round presents 10 randomly selected questions in the chosen category and keeps track of your team score. At the end, you can compare your score with other teams. Choose other categories or play the same category again to see different questions. Have fun!

Participants will have the chance to win fun gifts. Even if you don't win, you'll have a great time competing. Who knows, you may even learn something new!

Kentucky Chapter

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

